



伊利沙伯中學舊生會 湯國華中學

QUEEN ELIZABETH SCHOOL OLD STUDENTS' ASSOCIATION
TONG KWOK WAH SECONDARY SCHOOL

二十周年校慶特刊



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校訓 School Motto

修己善群

Vos Parate Ut Serviatis – Prepare yourselves that you may serve

辦學宗旨 School Mission

實踐理想，承擔使命。協力為學生營造一個正面和充滿關懷的環境，建立一個能體現手足情、鄰里心、愛國誠、人類友愛的社群；協力為本校成員營造一個修己至善的環境，發揚專業精神。

Education is the commitment to a mission and the realization of an ideal: the ideal being to collaborate towards the creation of a positive and caring environment for our students, and the development of a community in which students may realize brotherhood, neighbourliness, patriotism, and worldwide friendships. Moreover, we strive to create a self-improving environment that targets excellence and promotes professionalism.



校監的話

School Supervisor's Message

伊利沙伯中學舊生會湯國華中學自2005年創校以來，轉眼已迎來二十周年的重要里程碑。回首過往，本校承襲伊利沙伯中學「修己善群」的校訓，植根天水圍，與時並進，成為一所充滿活力與特色的學府。正如二十周年標語「建基廿載，築橋通夢」所寓，本校在二十年間穩固根基，搭建了一座座通往夢想的橋樑，引領學生跨越挑戰，實現理想。

作為校監，我深感榮幸能與現任校長溫穎思女士及全校同仁攜手，見證學校的成長。展望未來，我期望本校繼續以「修己善群」的精神，培育具公民意識與全球視野的學生，讓他們在追求個人夢想的同時，為社會作出貢獻。本年度，我們將聚焦於以成長型思維培養學生成為積極的學習者，並發揚堅毅精神，建立正向的校園氛圍，進一步提升學生的學習動機與心理韌性。

值此二十周年校慶之際，我謹代表法團校董會，向所有支持本校發展的教職員、家長、學生及校友致以衷心感謝，祝願諸君身體安康、福慧雙修，繼續同心協力，築夢前行，在下一個二十年譜寫更輝煌的篇章！

Since its founding in 2005, Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School has reached an important milestone—its 20th anniversary. Looking back at her history, our school has inherited Queen Elizabeth School's motto of "Vos Parate Ut Serviatis" and has continuously evolved to become a vibrant and distinctive institution rooted in Tin Shui Wai. As reflected in the 20th anniversary slogan, "Two decades of shaping hearts, building bridges where dreams start", our school has established a solid foundation over the past two decades, building bridges to our students' dreams, guiding them to overcome challenges and realize their aspirations.

As the school supervisor, I am deeply honored to work alongside our Principal, Ms. Wan Wing Sze, Athena, and our dedicated staff, witnessing the school's growth. Looking forward, I hope our school will uphold the motto "Vos Parate Ut Serviatis" and nurture our students with a sense of civic responsibility and global perspectives so that they can pursue their dreams while contributing to our society. This year, we will focus on nurturing our students to become proactive learners through a growth mindset approach and promoting resilience to create a positive school environment, further enhancing students' motivation and mental toughness.

On this occasion of our 20th anniversary, I, on behalf of the IMC, extend my heartfelt thanks to all teachers, parents, students, and alumni for their unwavering support of our school's development. I wish you good health and happiness. May you cultivate both blessings and wisdom. Let us work together to "realize dreams" and write a brighter chapter in the next twenty years.



湯修齊

Henry TONG Sau-chai



蔡香生博士，MH的話

Dr. TSOI Heung-sang, Herbert, MH's Message

二十年，在走不盡的教育發展路上，只是一小段；但一所學校最初的二十年，是成長過程的很有挑戰的一大段。在這裡祝賀伊湯中到達這個里程碑！

記得創校年代，香港剛經歷了SARS帶來的經濟衝擊，很少機構願意投放資源開辦新校。可是，我們的辦學團體仍負起社會責任，毅然回應政府的公開邀請，承諾在天水圍區創立多一所中學，除了因為照顧這社區學齡兒童的預期增長的需要，和支持當年教育當局大力推介的「一條龍」政策之外，當然也因為希望進一步體現我們這辦學機構的教育理念。我們深信，教育工程必須有清晰正確的目標和價值取向。我們曾經在辦學文件中表明：我們相信真善美、公義、平等、和平；我們尊重個人、愛護群體；我們尊重文化、愛護大自然。我個人的簡單演譯，可以說成：以「修己善群」為辦學目標和「忠孝、仁愛、信義、和平」為價值取向。

有些讀者可能不知道，學校在籌劃階段，我們就已經開始嘗試努力為解決當前本地教育的各種問題作準備。密集又漫長的會議、多元且深入的教研文獻、憧憬和理想的交心探討、教學及培育的心得分享、精選且聚焦的專業培訓，都早早啟動了，而且好一陣子都沒有停過。回想起來，仍要讚嘆團隊的付出。

當然不單只創校的一陣子。相信這些年來，學校的認真和專業成員都繼續努力不懈，為創校時的願景和使命不斷尋資源、找方法、覓機會。學校引進了最新科技，發展了新課程，為處理「一條龍」制度的系統性問題找缺口、尋突破；為老師的持續專業發展提供教研資訊、進修培訓、工作坊、觀課、互評、校外交流；為學生的全面成長安排培育課程、延展活動、參觀參展參賽；為家長組織義工團隊；為天水圍社區開辦《自在人生自學計劃》課程……集合眾人之力，才可昂首走到今天的里程碑。

再一次祝賀學校，恭喜在校和已畢業的同學和他們的家長、在職和已離校的校長和教職員、和辦學團體的所有成員。很開心看見學校進入成長的另一階段，亦期盼看見學校各樣堅持的同時，有更多的成就和突破。努力！加油！



蔡香生

Herbert TSOI Heung-sang

Twenty years is just a small part of the endless journey in developing education, but the first twenty years for a school is a significant and challenging chapter of growth. Here, I congratulate QTS for reaching this milestone!

When we first started, Hong Kong had just gone through the economic hit from SARS, and not many organizations were willing to invest in new schools. But our team stepped up to the plate, responding to the government's call and committing to open another secondary school in Tin Shui Wai. This wasn't just about meeting the expected growth in local school-aged kids or supporting the "through-train" policy that the education authorities were promoting; it was also about putting our educational values into action. We believe in truth, goodness, beauty, justice, equality, and peace. We respect individuals and care for the community, and we cherish culture and nature. Simply put, our objective is to instill the values of loyalty, filial piety, compassion, righteousness, and peace, and to also help students prepare themselves to serve the community (*Vos Parate Ut Serviatis*).

Some of you might not know that even during the planning phase, we were already gearing up to tackle various issues in local education. We held many in-depth meetings, dove into various educational research, had heart-to-heart discussions about our hopes and dreams, shared teaching experiences, and kicked off professional training early on—and we continue up till now. Looking back, I can't help but admire the team's dedication.

This effort did not stop. Over the years, our committed and professional team has kept pushing forward, seeking resources, methods, and opportunities to bring our original vision to life. We have brought in the latest technology, developed new programmes, tackled the systemic issues of the "through-train" system, and provided teachers with ongoing professional development. We also hosted workshops, organized peer evaluations and external exchanges, and arranged holistic growth programmes and activities for students. Furthermore, we set up parent volunteer teams and launched the Capacity Building Mileage Programme for the Tin Shui Wai community. All these efforts have helped us reach this milestone with pride.

So once again, a big congratulations to the school, to all current and former students and their families, to our past and present principals and teachers, and to everyone involved in the School Sponsoring Body. I'm thrilled to see the school stepping into this new phase of growth, and I can't wait to witness even more achievements and breakthroughs as we keep pushing forward. Let's continue the hard work! You've got this!



校長的話

Principal's Message



溫穎思

Athena WAN Wing-sze

「建基廿載，築橋通夢」

創校至今，我們沒有停止過培養我們的教師和學生，讓他們茁壯成長，發展所長，實現夢想。

建基廿載，我們緊隨創校者的初心，秉承校訓「修己善群」。

橋通天下，我們不斷與社區合作，為我們的年青學子夯實基礎，把通往理想的道路貫通。

迎接未來，我們將努力裝備學生，適應充滿波動性、不確定性、複雜性、模糊性的世界。

Two decades of shaping hearts, building bridges where dreams start.

Since 2005, we have never stopped shaping our teachers' or students' hearts, letting them tap into their talents and develop, thereby realizing their dreams.

In the past 20 years, we have upheld the founders' aspirations: Vos Parate Ut Serviatis.

With the support and the resources from the community, we make every effort to help our teenagers build a solid foundation and connect or integrate different elements needed for their dreams.

We will try our best to prepare our students for the world that is full of volatility, uncertainty, complexity and ambiguity (VUCA).

德

行廣布，澤被社群



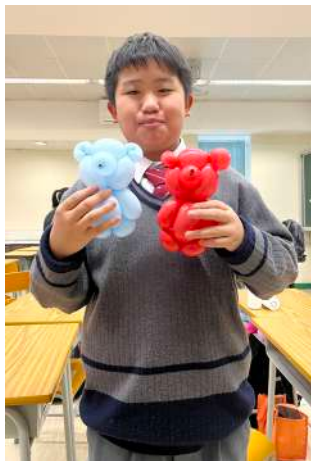
服務學習

Service Learning

朋輩輔導員 Peer Counselling Team



正向靜觀小組
Positive Mindfulness Group



ACE跨代領袖獎勵計劃
ACE Fellows Programme

學校設立朋輩輔導員，希望同學可以發揮「修己善群」的精神，同學可透過參與不同訓練及興趣小組以提升解難、抗壓及社交能力以達致「修己」，及後同學亦會參與校外活動，策劃共融計劃以達致「善群」，發揮所長，回饋社區及學校。

In the Peer Counselling Team, students participate in various training and interest groups to better prepare themselves in terms of communication and problem-solving skills, as well as stress management. It is hoped that they will later participate in external activities and help to plan social inclusion programmes, utilizing their strengths to serve others and give back to the school and community.



朋輩輔導員領袖訓練小組
Peer Counsellor Leadership Training Group

媒體製作組 Professional Media Production



陸運會採訪
Interviewing at Sports Day

媒體製作組透過鏡頭記錄校園生活，用影像說故事，製作出多元化的影音作品。

The Professional Media Production records campus life through the lens, telling stories with images and creating a variety of audio-visual works.

公益少年團 The Community Youth Club



24-25年度慈善花卉義賣
Charity Plant Sale 24-25



24-25年度公益少年團周年大會操
Community Youth Club Annual Parade 24-25

學校成立公益少年團，同學透過參與不同社區服務及關愛行動以培養學生社會責任，促進全人發展，共建關懷校園與社會。

The Community Youth Club encourages students to participate in various community service and caring initiatives, aiming to cultivate social responsibility, promote holistic development, and build a caring campus and community together.

長者學苑 Elder Academy

伊湯中長者學苑希望在學生、老師和不同機構的支持下，為長者提供多元化的課程和活動，讓長者享受健康、快樂和有自信的晚年生活，同時也讓學生從服務中學習。

With the support of students, teachers and various organizations, the QTS Elder Academy provides a variety of courses and activities for the elderly, allowing seniors to enjoy a healthy, happy, and confident later life, while also enabling students to learn from their service.



大笑瑜伽課程——正向生活
Laughter Yoga Class - Positive Living



健康講座——認識骨質疏鬆症
Health Seminar - Understanding Osteoporosis



長幼共融活動——
佳節月餅迎中秋
Intergenerational Inclusion
Activity – making mooncakes for
the Mid-Autumn Festival



長幼共融活動——
賀年食品之錦鯉椰子年糕製作班
Intergenerational Inclusion Activity -
Koi Coconut Cake Making Class for the
New Year

少年崇德社 Zonta Z Club



參與慈善音樂會
Participating in a charity concert

少年崇德社鼓勵同學積極參與社區服務，活動內容包括：為獨居長者派發飯盒、組織小學生義教活動、了解失明人士的需求、參與慈善音樂會，以及參觀救助遺棄動物的機構等。這些活動旨在拓展同學的視野，促進他們投身社區，並發掘興趣和潛能，從而弘揚「修己善群」精神。



為獨居長者派發愛心飯盒
Distributing charity meals to the elderly living alone

The Zonta Z Club encourages students to actively participate in community service, with activities including visiting blind people, participating in charity concerts, distributing meals to the elderly individuals living alone, volunteering to teach primary school students, and visiting organizations that rescue abandoned animals. These activities aim to broaden students' horizons, promote their engagement in the community, helping them discover their interests and potential. We hope by better preparing themselves, students will be ready to serve others.



本校服務學習的理念讓學校連續兩年榮獲「賽馬會眾人行善傑出愛心學校獎」。

Our school's commitment to service-learning has been recognised with the prestigious "JC Volunteer Together Outstanding Caring School Award" for two consecutive years.



學校的義工服務團隊於2024年獲傳媒報導
The school's volunteer service team interviewed by the media in 2024

制服團隊

Uniform Groups

聖約翰救傷隊 St. John Ambulance



陸運會步操，藉此提升學員守紀及自律的精神。
Marching during Sports Day enhances the spirit of discipline and self-control.

聖約翰救傷隊以仁愛服務為本，紀律為綱，團結為力，守護校園安康。

Founded on love and service, guided by discipline and united in strength, the St. John Ambulance is dedicated to safeguarding the health and safety of the campus.



學員專心學習急救技巧，培養關愛的情操。
Learning first aid skills fosters the spirit of care and compassion.

升旗隊 Flag-guards

本校升旗隊致力於培養學生的紀律性、團隊精神及愛國情懷，通過日常升旗訓練與領袖培訓，提升隊員的升旗技巧、溝通能力和領導素質。

Our Flag-guards is dedicated to fostering students' discipline, team spirit, and patriotic values. Through regular flag-raising drills and leadership training, team members enhance their ceremonial skills, communication abilities, and leadership qualities.



隊員正在參與香港青少年軍總會第10週年檢閱儀式步操，展現出團結與專注精神。
Members participating in the 10th Anniversary Parade of the Hong Kong Army Cadets Association, showcasing unity and concentration



在陸運會升旗儀式中，隊員展現責任感與團結精神，彰顯我校集體榮譽與歸屬感。

During the flag-raising ceremony at Sports Day, team members demonstrated responsibility and solidarity, reflecting our school's collective honor and sense of belonging.

民安隊少年團 Civil Aid Service Cadet Corps

民安隊少年團提供紀律訓練及群體活動，加強學生抗逆力，建立服務精神。

The Civil Aid Service Cadet Corps provides disciplinary training and group activities to strengthen students' resilience and foster a spirit of service.



隊員們聚精會神，跟隨長官練習立正。
Team members staying focused, following the commander to practice standing at attention.



隊員於歷奇訓練中共同努力，跨越障礙。
Team members working together during the adventure training to overcome obstacles.

德育組

Pastoral Care Curriculum



陸運會中，領袖生列隊進場
Prefects lining up to enter the venue during Sports Day

領袖生 Prefect Team

領袖生投入參與組內各項活動，包括聖誕及新年聯誼會、陸運會及家長晚會等活動，表現優良。

Our prefects actively participated in various group activities, including the Christmas and New Year gatherings, Sports Day, and Parents' Evening, demonstrating excellent performance.



領袖生出席家長晚會當值
Prefects on duty at Parents' Evening

健康校園 Healthy Campus



如何面對學習及生活壓力講座
Lecture on how to cope with academic and life stress

培育組致力為學生提供全面的關顧與支援，以助學生全人發展。

Our Pastoral Care Group is committed to providing comprehensive care and support for students to aid their holistic development.



跨科組活動：節日撰寫心意卡
Interdisciplinary activities on writing holiday messages



精神健康流動宣傳車
Mobile Van for Publicity Service on Mental Wellness visiting our school

德育、公民及國民教育組

Moral, Civic and National Education

同學踴躍參與各項德育、公民、國民教育及價值觀教育的活動，例如擔任《憲法》和《基本法》學生校園大使、參與國家安全教育周等，以此增加學生對國家的認識。

Our students actively participate in various moral, civic, national education and value education activities, such as serving as student ambassadors for the Constitution and Basic Law and participating in National Security Education Week, to enhance their understanding of the country.



30位學生獲委任為《憲法》和《基本法》學生校園大使
30 students appointed as Constitution and Basic Law Student Ambassadors.



邀請解放軍駐港部隊為升旗隊進行訓練
Inviting the People's Liberation Army Hong Kong Garrison to conduct training for the Flag-guards



國家安全教育周攤位遊戲
National Security Education Week booth games

體育科 Physical Education

合作攀高牆 團結迎難上 Cooperate to Climb Higher; Unite to Overcome Challenges

於每屆中四級的體育科歷奇挑戰——攀高牆，各班同學會在沒有工具的輔助下，嘗試攀爬到高牆的頂端。同學必須互相協助，提供支撐及鼓勵，發揮團隊合作精神。期望透過活動增強同學的自信心及提升團隊合作能力，全班一起克服DSE的挑戰！

Each year, Form 4 students participate in the wall climbing adventure challenge in PE lessons, attempting to reach the top of a high wall without the aid of tools. They must support each other and demonstrate teamwork. This activity aims to enhance students' confidence and improve their collaborative skills as they work together, with the goal of overcoming future challenges!



21-22年度攀高牆
Wall climbing adventure challenge 21-22

智

海無涯，探索求真



STEAM教育

STEAM Education

2

智



2022創科展
Hong Kong Science Fair 2022

本校重視STEAM教育，經常在校內舉辦活動，氣氛良好。近年，同學亦積極參與STEAM比賽及活動，屢獲獎項。本校成功申請由教育局推出的教學先導計劃，將人工智能(AI)融入初中科學科的學與教，推動教學創新，以強化學生學習效能，加強人工智能教育。

Our school emphasizes STEAM education and regularly hosts activities with a positive atmosphere. In recent years, students have actively participated in STEAM competitions and events, winning numerous awards. Our school has successfully applied for a teaching pilot programme launched by the Education Bureau, integrating artificial intelligence (AI) into junior secondary science teaching and learning. This initiative promotes teaching innovation to enhance students' learning effectiveness and strengthen AI education.



Samsung Solve for Tomorrow 2024 冠軍
Samsung Solve for Tomorrow 2024 Champion



人工智能及創新科技比賽2024-2025 總決賽
Artificial Intelligence, Innovation and Technology Competition
2024-25 (Finals)



我校學生向時任中聯辦主任鄭雁雄介紹作品。
Our students introduced their project to the then
Director of the Liaison Office of the Central
People's Government in the HKSAR,
Mr. ZHENG Yanxiong.



第二十二屆「廣東省少年兒童發明獎」優秀作品展
22nd Guangdong Youth Invention Awards Outstanding
Works Exhibition



創科學會活動花絮
Activity highlights of the Science and Technology Society

二十周年校慶特刊

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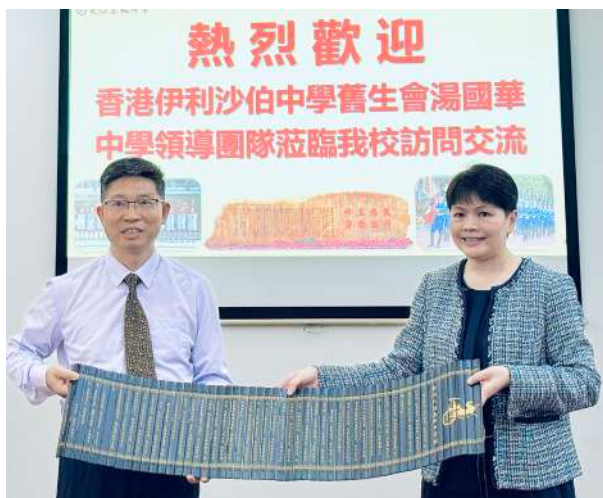
航天特色課程

QTS featuring Aerospace Curriculum

智

我們以航天科技教育為切入點，積極與中國宇航學會緊密交流及合作，規劃校本航天課程，並鼓勵學生參加大學資優課程及各類校外比賽，以推動國民教育和愛國主義教育。

We collaborate closely with the Chinese Society of Astronautics to develop a school-based aerospace curriculum, using basic aerospace science education as our focal point. We encourage students to participate in university gifted programmes and various external competitions to promote national education and patriotism.



前往內地航天特色學校大瀝高級中學作專業交流
Professional exchange with Dali Senior High School
(also an Aerospace Featured School) in Mainland China



本校勇奪大灣區航天創新科技大賽2024香港賽區中學組冠軍及最佳航天短片大獎暨大灣區賽區團隊精神合作獎
Winning the championship (secondary school category) in the 2024 Greater Bay Area Aerospace Innovation and Technology Competition (Hong Kong region), as well as the Best Aerospace Short Film Award and the Team Spirit Collaboration Award (Greater Bay Area region).



香港資優教育學苑中國航天科技課程結業禮
Graduation Ceremony for the Chinese Aerospace Technology Course by The Hong Kong Academy for Gifted Education



香港青少年航天創新大賽2024無人機操作技能挑戰賽初中組優異獎
Winning the Merit Award (junior secondary category) of the 2024 Hong Kong Youth Aerospace Innovation Competition - Drone Operation Skills Challenge

中文教育

Chinese Language Education

2

智



我校連續兩年同時獲得傑出中華文化傳承單位、傑出中華文化傳承教師及學生文化大使。
Our school has consecutively received the Outstanding Chinese Culture Heritage Unit, Outstanding Chinese Culture Heritage Teacher, and Student Cultural Ambassador awards.

語文與生活息息相關，除了課堂內學習中國語文及文化外，透過多元化的文化活動，更能深化學生所學，拓闊眼界。

Language is closely related to our lives. In addition to learning Chinese language and culture in the classroom, participating in diverse cultural activities can deepen students' understanding and broaden their horizons.



24-25年度博才盃五角辯論邀請賽冠軍
Champion of the Inter-school Erudite Debate Cup 2024-25



在23-24年度，方意喬同學榮獲第八屆北區講故事大賽初中組冠軍及最佳聲音表現獎。

In the academic year 2023-2024, student FONG Yi Kiu won the Champion (Junior Secondary Group) and the Best Voice Performance Award in the 8th North District Storytelling Competition.



馬美珍老師榮獲「第二屆香港優秀師德師風獎」優秀獎。
Miss MA Mei Chun won the Excellence Award at the "Second Hong Kong Outstanding Teacher Ethics Award".



23-24 善德學堂茶文化傳承校園課程
23-24 school course run by Shine Tak Tea Culture Inheritance Programme

二十周年校慶特刊

17

英文教育

English Language Education

智



參與香港電台第三台Teen Time節目
RTHK Radio 3's Teen Time

英文科致力於創造良好的英語學習環境，舉辦多元活動，例如出版學會、英語話劇及參觀等多項活動以提升學生的學習興趣和動機。

The English Department is dedicated to creating a positive English learning environment by organizing various activities, such as the Press Club, the English Drama Team and field trips to enhance students' interest and motivation in learning.



鄭家慧同學榮獲學友社第三十三屆全港中學生新聞評述比賽
(高中英文組) 全港第四名

Student CHENG Ka Wai won fourth place (Senior Secondary Category) in the 33rd Hong Kong Student News Commentary Competition (English Group) organized by the Hok Yau Club.



參與浸會大學哈薩克新年慶祝活動
“KAZ We Love It! Kazakhstan's New Year Gala”
organised by HKBU



九龍清真寺文化共融學習交流之旅
Cultural integration learning exchange with Kowloon Mosque

數學教育

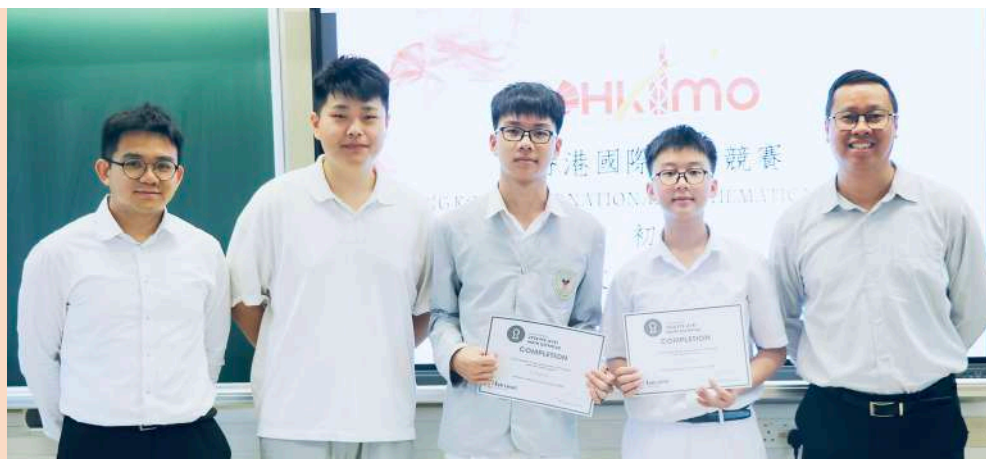
Mathematics Education

數學科積極提升校內數學氣氛，經常安排不同類型活動，包括扭計骰、踩地雷、數獨、角鬥棋及Rummikub比賽。另外，每年都有30至40多位同學代表學校參與不同的校外比賽，在老師的悉心培訓下，多位同學都能獲獎。

The Mathematics Department actively enhances the math culture in the school by regularly organizing various activities, including dice games, minefield games, Sudoku, chess, and Rummikub competitions. Additionally, around 30 to 40 students represent the school in various external competitions every year. Under the careful training of teachers, many students are able to win awards.



社際角鬥棋比賽
Inter-House Blokus Competition



1A王文俊和3A胡景奐於香港國際數學競賽初賽2025分別以全港第五名及第三名獲得金獎。
In the preliminary round of Hong Kong International Mathematical Olympiad 2025, students WONG Man Chun and HU Jinghuan achieved fifth and third place respectively, winning the Gold Awards.



數學校隊參與「數學思維大激鬥2025」
The Mathematics school team participated in "MathConceptTition 2025".

公民與社會發展科

Citizenship and Social Development

公民與社會發展科提供不同機會及平台讓學生展現潛能，例如舉辦全級性本地及內地考察活動，以及不同類型的活動及比賽，讓學生能在多元社會中傳承中華文化傳統，以及培養與終身學習有關的技能。

The Citizenship and Social Development department offers various opportunities and platforms for students to show their potential. This includes organizing whole-grade local and Mainland study trips, along with different types of events and competitions. These activities help students connect with Chinese cultural traditions and develop skills for lifelong learning in a diverse society.



6B班歐胤豪和6A班曾翠婷分別榮獲2024維護國家安全全民問答挑戰賽亞軍及季軍
Students AU Yan Ho and TSANG Chui Ting respectively won the runner-up and third place in the Territory-wide Inter-school National Security Knowledge Challenge 2024



SOS 學界精神健康資助計劃2023
Search Our Soul Mental Health Hackathon 2023



中四全級參與本地考察
Local study trip for all Form 4 students



中四全級參與中華文化工作坊
Chinese culture workshop for all Form 4 students



與立法會議員暢談計劃
“Meeting with Members of the Legislative Council” Programme



兩隊隊伍入圍第三屆《基本法》校園推廣計劃設計比賽十強並獲季軍及殿軍。
Two student teams won third and fourth place in the 3rd Basic Law Campus Promotion Program Design Competition.



中五全級參與內地考察
Study trip to the Mainland for all Form 5 students



兩隊隊伍入圍「諾」活策劃師——校本價值觀教育推廣活動設計比賽（中學）並獲優異獎
Two student teams won the Excellence Award in “The MPA Activity Planners” – School-based Values Education Promotional Activities Design Competition (Secondary School).

科學教育

Science Education

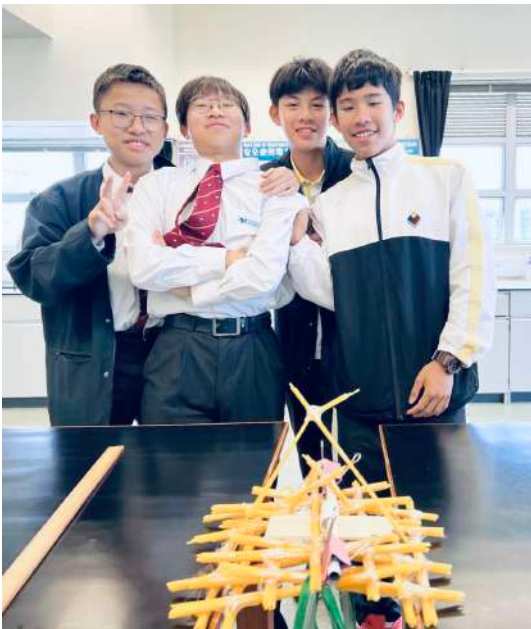
物理科 Physics

透過理解基本的物理原理，學生能夠深入研究宇宙的運行規律，如重力、光速及能量轉換等。此外，物理科激發學生的好奇心，鼓勵他們提出問題和進行實驗，從而培養批判性思維和創新能力。這些能力不僅讓學生理解當前的科學技術，也為未來在科學與工程領域的發展打下堅實基礎。

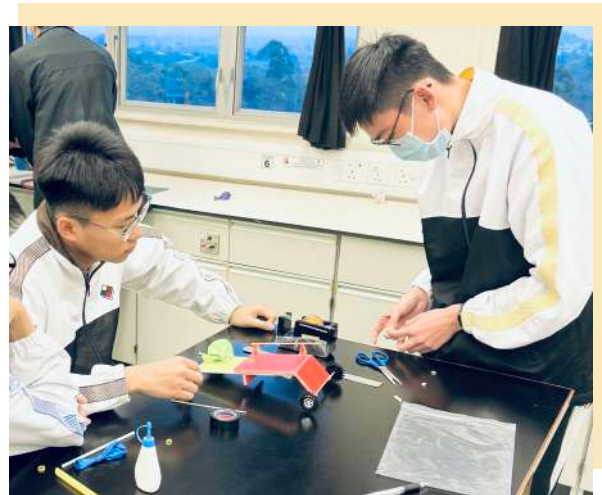
By understanding basic physics principles, students can delve into the workings of the universe, such as gravity, the speed of light, and energy transformation. Additionally, physics stimulates students' curiosity, encouraging them to ask questions and conduct experiments, thereby fostering critical thinking and innovation skills. These abilities not only help students comprehend current scientific and technological advancements but also lay a solid foundation for future development in the fields of science and engineering.



港鐵學院體驗課堂
Participating in an experiential programme
at the MTR Academy



製作意粉橋，將價值觀教育融入課堂
Building a pasta bridge to integrate values education
into the classroom



研製氣球動力車參加趣味科學比賽2024
Developing a balloon-powered car to participate
in the Fun Science Competition 2024



海洋公園動感物理課程
Participating in the Ocean Park's Physics in Motion programme

生物科 Biology

我校生物科注重實踐教學，組織野外考察活動。學生通過觀察自然生態，親身探索動植物奧秘，提升了學習興趣與科學素養。

The Biology department emphasizes practical teaching by organizing field investigation activities. Students enhance their learning interest and scientific literacy by observing natural ecosystems and personally exploring the mysteries of plants and animals.



同學們積極回應導師提問
Students actively responding to the instructor's questions

化學科 Chemistry



同學參觀港燈南丫發電廠
Visiting the Hongkong Electric Lamma Power Station



同學透過戶外考察培養對大自然的尊重
Cultivating respect for nature through outdoor investigations



同學乘坐玻璃底船欣賞本地珊瑚
Riding in a glass-bottom boat to admire local coral



VR虛擬實境影片初創：濕地公園拍攝
VR movie making: filming at the Wetland Park

化學科旨在培養學生對化學的興趣與理解，通過實驗與分析活動，提升科學探究與問題解決能力，掌握化學概念及其應用，並為未來學習與職業發展奠定基礎。

The Chemistry department seeks to foster students' interest and understanding of chemistry, enhance scientific inquiry and problem-solving skills through experiments and analysis, master chemical concepts and their applications, and lay a foundation for future learning and career development.



「Forensic Hunter」香港學界鑑證比賽
"Forensic Hunter" Hong Kong School Forensics Competition

個人、社會及人文教育

Personal, Social, and Humanities Education

歷史科 History



第十三屆校際香港歷史文化專題研習比賽——初中多媒體組亞軍
The 13th Inter-school Competition of Project Learning on Hong Kong's History and Culture – Junior Division (Multimedia Production) 1st Runner-up



學博多材——新手策展人培訓班2024
Learn from Museums –
Novice Curator Training Programme 2024

歷史科強調培養學生學習歷史的興趣與自學研習的能力，透過課堂內外不同形式的活動，期望學生能增長知識外，更能培養批判性思維和分析能力。

The History department emphasizes cultivating students' interest in learning history and their ability to conduct self-directed research. Through various activities both inside and outside the classroom, it is expected that students can not only expand their knowledge but also develop critical thinking and analytical skills.

中國歷史科 Chinese History

中國歷史科旨在讓學生認識中國歷史的發展脈絡、文化特色及香港的角色，培養學生的探究精神及歷史思維。透過課程，學生能增進民族認同，提升批判性思維，理解歷史對當代的影響。

The Chinese History department aims to help students understand the development, cultural characteristics, and the role of Hong Kong in Chinese history. It fosters a spirit of inquiry and historical thinking. Through the course, students enhance their national identity, improve critical thinking skills, and understand the impact of history on contemporary society.



校本「大灣區藝術及博物館導賞員計劃」成果匯報
School-based "Greater Bay Area Art and Museum Docent Program" -
Learning outcomes report



考古遺址現場考察：深圳大鵬古城
Archaeological Site Field Study:
Shenzhen Dapeng Ancient City

地理科 Geography

地理科旨在幫助學生能成為具見識和有責任感的公民，願意為社會、國家和全球的福祉及人類社會和自然環境的可持續發展作出貢獻。

The Geography department aims to help students become knowledgeable and responsible citizens who are willing to contribute to the welfare of society, the nation, and the global community, as well as to the sustainable development of human society and the natural environment.



由聯合國兒童基金香港委員會 (UNICEF) 舉辦的「可持續發展目標網上學習獎勵計劃2024」，黃坤輝同學獲頒金章證書及卓佩盈同學獲頒銅章證書，而黃坤輝同學分享實踐可持續發展目標的經歷更獲 UNICEF 上載至其網站及在典禮中展出。

Student HUANG Kwan Fai received a gold medal certificate, while student CHEUK Pui Ying received a bronze medal certificate in the "Sustainable Development Goals Online Learning Award Program 2024" organized by UNICEF Hong Kong. Huang's experience in practicing the sustainable development goals was featured on UNICEF's website and showcased at the ceremony.



同學正分組進行模擬面試
Students conducting group mock interviews

經濟科 Economics

經濟科旨在幫助學生從經濟學的角度探究人類行為及社會議題，激發他們對學科的興趣。藉由培養經濟分析能力，讓學生對不同議題進行推論和理性選擇，深入理解所處的世界，增強終身學習的能力，希望他們能成為有見識和負責任的公民。

The Economics department aims to help students explore human behavior and social issues from an economic perspective, sparking their interest in the subject. By developing their economic analysis skills, students learn to make rational choices and draw inferences on various topics, deepening their understanding of the world. The goal is to enhance their lifelong learning abilities and encourage them to become knowledgeable and responsible citizens.



香港總商會——商校交流計劃大合照
Hong Kong General Chamber of Commerce – Business-School Partnership Programme

科技與生活科 Technology & Living



第十一屆「阿爸、阿媽，食飯喇！」校際烹飪比賽嘉許獎
PAVAS Education Foundation 11th Inter-School Cooking Competition
Merit Award

科技與生活科是科技教育範疇之一，定位於理論學習和應用學習之間。為了擴闊學生視野，本科為學生提供不同的學習經歷，包括比賽、校外參觀、工作坊等，為能力及性向不同的學生提供多種途徑，特別是切合他們不同階段的需要，發展個人興趣，改善及提升生活質素。

The Technology & Living department bridges theoretical and applied learning. To broaden students' horizons, it offers diverse experiences, including competitions, field trips and workshops. This approach caters to students' varying abilities and interests, addressing their needs at different stages, fostering personal interests and enhancing their quality of life.



嘗味·探舊：廚藝工作坊及社區導賞（製作中式傳統茶粿及導賞舊城區——深水埗）
Tasting, and Exploring the Past: Culinary Workshop and Community Tour



同學在小學體驗課堂中擔任小老師
Students serving as "little teachers" in the primary school
experience class



品嚐唐餅與喜嫁文化工作坊
Tasting Tang Buns and Wedding Culture Workshop

資訊及通訊科技

Information and Communication Technology

資訊及通訊科技科旨在教授學生資訊、通訊及電腦系統的基本知識、概念和應用，並培養他們解決問題、明辨性思考、創意思維和道德使用資訊及通訊科技的能力，以支持他們終身學習。



The Information and Communication Technology department aims to teach students fundamental knowledge, concepts, and applications of information, communication, and computer systems, while fostering their problem-solving, critical thinking, creative thinking, and ethical use of information and communication technology, enabling lifelong learning.



學生到香港中文大學參與全港中學生人工智能問答比賽

Students participating in AI Quiz Competition for Secondary School Students held at the Chinese University of Hong Kong

企業、會計與財務概論

Business, Accounting and Financial Studies

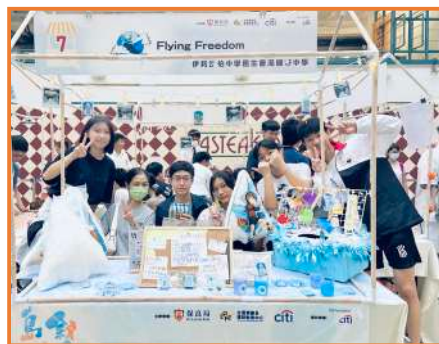
企業、會計與財務概論科旨在讓學生在高中掌握基本商業知識與技能，培養正面價值觀和積極態度，為未來在社會中適切擔任消費者、投資者、僱員或企業家等角色作準備。

The Business, Accounting and Financial Studies department enables students to acquire fundamental business knowledge and skills in secondary school, foster positive values and proactive attitudes, preparing them to effectively take on roles as consumers, investors, employees, or entrepreneurs in society.



2024-2025年度電子「股壇達人」
校際比賽優異獎

Digital Stock Trading Guru Inter-School
Competition 2024-2025 - Excellence Award



中四修讀BAFS學生參與保良局生涯規劃及理財教育中心主辦的創見未來——
青年創業體驗市集2023-2024

Form 4 students participating in MEET
Youth Career Programme organised by
Po Leung Kuk Life Planning & Financial
Education Centre



跨學科創業營商體驗計劃

Interdisciplinary Entrepreneurship Business Experience Program



參觀理財教育體驗館

Visit to the IFEC FinEd Hub

健康管理與社會關懷 Health Management and Social Care



社會福利署元朗區傑出義工選舉青少年組冠軍

2024 Youth Category Champion of the Yuen Long District Outstanding Volunteer Election, organized by the Social Welfare Department

健康管理與社會關懷科最大的特色是提供學習情境，讓學生負起良好公民責任，建立關愛社會。透過實地學習，學生參與或策劃不同形式的學習活動，學習應用有關策略，從而更全面地認識健康與社會關懷的概念，為他們未來投身相關專業作好準備。

The key feature of Health Management and Social Care department is its provision of learning situations that encourage students to take on civic responsibilities and foster a caring society. Through experiential learning, students engage in or plan various activities, applying relevant strategies to gain a comprehensive understanding of health and social care concepts, preparing them for future careers in related fields.



跨代溝通體驗坊

Intergenerational Communication Experience workshop



參觀元朗地區康健中心

Yuen Long District Health Centre visit



「假如我看不到」遇見視障人士工作坊

"If I Were Blind" Workshop: Meeting with the Visually Impaired

應用學習

Applied Learning

實踐與理論並重，與寬廣的專業和職業領域緊密連繫，配合核心科目、選修科目及其他學習經歷，構成靈活的科目組合，讓學生體驗全面的學習經歷。

Applied Learning courses balance theory and practice, connect with diverse professional fields, and integrate with core and elective subjects to form flexible combinations, fostering comprehensive learning experiences.



修讀多媒體故事的學生在賽馬會創意藝術中心參與講座
Students studying Multimedia Storytelling in a seminar at the Jockey Club Creative Arts Centre



學生透過探索賽馬會創意藝術中心具特色的建築空間和感受藝術氛圍，觀看各類大小展覽，了解現今香港的藝術發展。

Students explored the unique architectural spaces of the Jockey Club Creative Arts Centre, experiencing the artistic atmosphere while viewing various exhibitions, gaining insights into the current art development in Hong Kong.

跨學科

Cross Disciplinary

依據課程發展議會指引(2021)及配合學校發展關注事項，本校以橋樑建造為主題，發展結合人工智能元素及價值觀教育的校本課程。

Based on the Curriculum Development Council Guide (2021) and aligned with the school's major concerns, our school has developed a school-based interdisciplinary framework for values education centered on the theme of bridge construction.

價值觀教育校本課程

School-based Values Education Curriculum

相關歷史題材如何展現中華民族的正面價值觀 (6分)

這個歷史故事從人物的精神直接展現出中華民族的正面價值觀。在狂風暴雨的夜晚，江面上已經是波濤洶湧了，但他依然不懼怕惡劣天氣的危險，鎮定地抽緊了船尾的三條錨絲，放鬆了套管上的保險絲，全程都沒有怨言也沒有想放棄的念頭。這便是中華民族正面價值觀中堅毅的表現。他有堅定的意志，就算面對未知的危險也敢于面對和挑戰，在面對困難時也沒有輕易放棄，而是鎮定地保護住鑽探船。這便是他堅毅的一面。



學生課業示例
Student Coursework Examples

大豆STEAM計劃 Soyvestor Program

本校亦以大豆研究為題，通過跨課程學習，培養學生的分析及解難能力。

The school also aims to foster students' analytical and problem-solving skills through cross-curricular learning focused on soybean research.



大豆實驗工作坊
Soybean Experiment Workshop



大豆STEAM活動計劃——軟餐工作坊
Soybean STEAM: Softmeal Workshop

QTS Stars

為培養學生在德、智、體、群、美，五育的均衡發展，Stars課程設五大領域，包括音樂、視覺藝術、體育及語言。透過多元化的教學模式及策略，以照顧學生學習多樣性，啟發他們的潛能，以裝備學生面向未來。

To cultivate balanced development in students across moral, intellectual, physical, social, and aesthetic aspects, our Stars curriculum includes five major areas: music, visual arts, physical education, and language. Through diverse teaching methods and strategies, the programme addresses students' varied learning needs, inspiring their potential and equipping them for the future.



街舞
Street Dance



日文課程
Japanese Language Course



跳繩
Rope Skipping

體

魄鑄魂，礪志圖強



足球隊 Football Team



17-18年度元朗區校際足球比賽總冠軍
HKSSF Yuen Long Secondary Schools Area Committee Inter-School
Football Competition 2017-2018 Overall Champion



18-19年度全港學界精英足球比賽殿軍
All Hong Kong Schools Jing Ying Football Tournament
2018-2019 3rd Runner-up



男子初級組足球隊
Boys' Junior Football Team



男子高級組足球隊
Boys' Senior Football Team

籃球隊 Basketball Team



女子籃球隊 Girls' Basketball Team
2025全港青年三人籃球挑戰賽 女子U19冠軍
2025 Hong Kong Youth 3X3 Basketball Challenge Women's
U19 Champion



男丙籃球隊
Boys' C Grade Basketball Team



排球隊 Volleyball Team



女丙排球隊 Girls' C Grade Volleyball Team
元朗區校際女子丙組排球比賽優異獎
HKSSF Yuen Long Secondary Schools Area Committee Inter-School
Volleyball Competition (Girls C Grade) Merit Award



男甲排球隊 Boys' A Grade Volleyball Team
元朗區校際男子甲組排球比賽優異獎
HKSSF Yuen Long Secondary Schools Area Committee
Inter-School Volleyball Competition
(Boys A Grade) Merit Award

手球隊 Handball Team



女甲手球隊 Girls' A Grade Handball Team
元朗區校際女子甲組手球比賽優異獎
HKSSF Yuen Long Secondary Schools Area Committee Inter-School Handball Competition (Girls A Grade) Merit Award

乒乓球隊 Table Tennis Team



元朗區校際男子甲組乒乓球比賽殿軍
HKSSF Yuen Long Secondary Schools Area Committee Inter-School Table-Tennis Competition (Boys A Grade) 3rd Runner-up



元朗區校際女子丙組乒乓球比賽優異獎
HKSSF Yuen Long Secondary Schools Area Committee Inter-School Table-Tennis Competition (Girls C Grade) Merit Award

欖球隊 Rugby Team



22-23年度全港校際七人欖球賽
男子甲組盃賽冠軍、男子乙組碗賽冠軍、男子丙組盾賽冠軍、女子丙組碗賽冠軍。舊生麥仲勤為男子隊教練，舊生何芷媛為女子隊教練。

HKSSF All Hong Kong Inter-School Rugby Sevens Competition 2022-2023 Boys A Grade Cup Champion, Boys B Grade Bowl Champion, Boys C Grade Shield Champion, and Girls C Grade Bowl Champion. Alumnus MAK Chung Kan and Alumna HO Tsz Wun coached the boys' and girls' teams respectively.

22-23年度中學學界非撞式欖球錦標賽
男子高級組亞軍、男子新秀組冠軍、女子高級組冠軍、女子新秀組冠軍

The Inter-Secondary Schools Touch Championship 2022-2023
Boy's Master 1st Runner-up, Boy's Newbie Champion, Girl's Master Champion, and Girl's Newbie Champion



23-24年度中學學界非撞式欖球錦標賽
男子U19組亞軍、男子U15組季軍、女子U19組冠軍
The Inter-Secondary Schools Touch Championship 2023-2024
Boys U19 1st Runner-up, Boys U15 2nd Runner-up, and Girls U19 Champion



24-25年度全港校際七人欖球賽
男子丙組盃賽殿軍，舊生曾浩瑜（右4）及伍建熹（右1）為男子丙組教練，欖球隊舊生亦擔任賽事工作人員。
HKSSF All Hong Kong Inter-School Rugby Sevens Competition 2024-2025 Boys C Grade Cup 3rd Runner-up. Alumni TSANG Ho Yu (fourth from the right) and NG Kin Hei (the rightmost) coached the Boys C Grade Rugby Team. Other alumni served as technical officials of the competition.



羽毛球隊 *Badminton Team*



男子丙組
Boys' C Grade Badminton Team



男子甲組
Boys' A Grade Badminton Team



女子丙組
Girls' C Grade Badminton Team

田徑隊 *Athletics Team*



24-25年度元朗區校際田徑比賽中，我校運動員共奪得2銀、2銅及1殿軍。
(男甲400米欄殿軍、女丙鉛球季軍、女甲鐵餅亞軍、男丙標槍季軍、男甲跳高亞軍)

At the HKSSF Yuen Long Secondary Schools Area Committee Inter-School Athletics Championships 2024-2025, our athletes attained 2 silver medals, 2 bronze medals and a 3rd Runner-up Award. (Boys A Grade 400m Hurdles 3rd Runner-up, Girls C Grade Shot Put 2nd Runner-up, Girls A Grade Discus 1st Runner-up, Boys C Grade Javelin 2nd Runner-up, and Boys A Grade High Jump 1st Runner-up)

游泳隊 *Swimming Team*



元朗區中學校際水運會，5D 鍾栢軒（右二）
連續2年（23-24年度及24-25年度）
50米蝶泳破大會紀錄

5D CHUNG Pak Hin (the second from the right) broke records for two consecutive years (2023-2024 and 2024-2025) in the Boys' 50m Butterfly event at the HKSSF Yuen Long Secondary Schools Area Committee Inter-School Swimming Championships.

男子甲組 4A 鄧楚毅（右1）100米蛙泳 第8名及200米蛙泳 第4名、
4D 梁均誥（左1）50米背泳 第6名及50米蝶泳 第6名、
5B 葉朗禧（左2）50米背泳 冠軍及100米背泳 亞軍、
5D 鍾栢軒（右2）50米自由泳 冠軍 50米蝶泳 冠軍（破大會紀錄）、
4 x 50米四式接力 冠軍

4A TANG Cho Ngai (the rightmost) attained Boys A Grade 100m Breaststroke (8th Place) and Boys A Grade 200m Breaststroke (3rd Runner-up).

4D LEUNG Kwan Ko (the leftmost) attained Boys A Grade 50m Backstroke (6th Place) and Boys A Grade 50m Butterfly (6th Place).

5B YIP Long Hei (second from the left) attained Boys A Grade 50m Backstroke (Champion) and Boys A Grade 100m Backstroke (1st Runner-up).

5D CHUNG Pak Hin (second from the right) attained Boys A Grade 50m Freestyle (Champion), Boys A Grade 50m Butterfly (Champion) (Record-breaking), and Boys 4 x 50m Medley Relay (Champion).

武術學會 *Chinese Martial Arts Club*

武術學會為校內別具特色的團體之一，專注傳授中國傳統武術，包括少林拳、洪拳、太極拳及器械項目。我們擁有專業教練指導，每週定期舉辦練習課程，並不定期舉辦表演或展覽。成員除了習武強身，更能領略武德精神，培養耐心與堅毅的處事態度。

The Chinese Martial Arts Club is one of the unique groups within our school. It is dedicated to teaching traditional Chinese martial arts, including Shaolin Kung Fu, Hung Gar, Tai Chi, and different weapon forms. We have professional instructors guiding our weekly practices, along with occasional performances and exhibitions. Not only can our members strengthen their bodies through martial arts, but they can also understand the martial virtues, fostering patience and resilience.



武術隊在畢業禮表演

The martial arts team performing at the graduation ceremony



午間武術班

Lunchtime martial arts classes

群

心匯智，
共建校園



尚學社群

Our Learning Community

中文教育 Chinese Language Education



英文教育 English Language Education





數學教育 Mathematics Education



公民及社會發展 Citizenship and Social Development



科學教育 Science Education



科技教育 Technology Education



鄧家良副校長
教育局課程發展處主辦價值觀
教育學習圈(2023/24學年)
國民教育公開課系列(11)講者、
學與教博覽2025-EdTech教室(教城呈獻)講者、
HKIEA 2025 Outstanding Teacher Award、
香港大學「傑出電子教學獎」人工智能特別獎



個人社會及人文教育 Personal, Social and Humanities Education



藝術教育及體育教育 Arts Education and Physical Education



四社 Houses

全校分為四社：忠孝社(North House)、信義社(East House)、仁愛社(South House)及和平社(West House)。學校每年透過舉辦不同類型的比賽，供四社爭奪全年總冠軍，從而增強學生對學校之歸屬感及培養學生的團結精神。同學亦可藉此打破班級的局限，加強不同年級同學的聯繫，發揮互助、友愛和合作的精神。一些比賽甚至由學生策劃及籌備，通過社務工作培養學生之領袖才能和自治能力。

Students at QTS are allocated to four houses: North House, East House, South House, and West House. Various competitions are held every year for houses to compete for the overall championship, fostering a sense of belonging among students and cultivating teamwork. Students also have the opportunity to collaborate beyond their grade level and strengthen connections across different forms, promoting a spirit of mutual support, friendship, and cooperation. Some activities are planned and organized by students themselves, which helps develop their leadership skills and autonomy.



社際烹飪比賽
Inter-House Cooking Competition



社長例行會議
House leaders in regular meetings



社際中文書法比賽
Inter-House Chinese Calligraphy Competition



社員之間加強聯繫，培養團結精神
Strengthening connections among house members



四社領袖訓練營
Inter-House Leadership Training Camp



社際音樂比賽
Inter-House Music Competition

學生會

Student Union

學生會一直是學校與同學溝通的橋樑，每一屆的學生會由籌組內閣開始，以至舉辦多元化活動，他們竭盡所能，以服務同學為宗旨，盡忠職守，為同學創造美好的校園回憶。每一屆任期屆滿後，上屆會長和幹事們均會將自己的經驗傳承給下一屆，讓湯中精神薪火相傳，無負會員付託。



中六惜別日為師兄師姊送畢業打氣包
Form 6 Farewell Day: presenting graduation gift packs

The Student Union has always served as a bridge between the school and students. Each Union starts with the formation of its cabinet and organizes a wide variety of activities, dedicated to serving their peers and creating wonderful memories on campus. At the end of each term of office, the immediate past president and committee members will pass on their experience to the next Student Union, ensuring that the spirit of QTS continues to thrive.



師生烹飪比賽圓滿結束
Successful completion of the Teacher-Student Cooking Competition

家長教師會

Parent-Teacher Association

本校提倡家校合作，為學生建立關愛成長環境。本年度家教會先後舉辦了兩次親子旅行、親子烹飪班、親子烹飪比賽、家長教育講座等。家長義工更不遺餘力協助學校大小事務，感謝各位家長。

QTS advocates for home-school cooperation to create a nurturing environment for our students. This year, the Parent-Teacher Association organized two family picnics, parent-child cooking classes, cooking competitions, and parents' talks. Parent volunteers spare no effort in assisting the school with various matters. We sincerely thank all parents for their unwavering support.



中秋追月聚餐
Mid-Autumn Festival Reunion



家長教育中醫講座
Chinese Medicine Workshop



母親節親子烘焙工作坊
Mother's Day Baking
Parent-Child Workshop



海洋公園一日遊
PTA Ocean Park One Day Tour

非華語學生

Non-Chinese Speaking Students

為協助非華語學生（NCS）衝破語言障礙和充分發揮潛能，本校推行多項針對性教育措施及學習支援，包括提供抽離式中文班和校本中文課程，並定期舉辦多元文化活動，促進跨文化理解，共建共融校園。

To help non-Chinese speaking (NCS) students overcome language barriers and reach their full potential, our school implements various targeted educational measures and learning support. This includes offering pull-out Chinese classes and school-based Chinese courses, as well as organizing multicultural events regularly to promote cross-cultural understanding and create an inclusive campus.



舊生會

Old Students' Association

本校舊生會舉辦各類活動，促進舊生聯繫及對母校之歸屬感，互助互勉的精神，發揚校訓「修己善群」之精神。

Our old students' association organizes different activities to strengthen connections among alumni and foster a sense of belonging to our alma mater. We promote the spirit of mutual support and encourage the values of our motto, "Vos Parate Ut Serviatis."



徐日昇校友當選首屆舊生會會長。

Mr. TSUI Yat Sing was elected as the first president of the Old Students' Association.



一眾校友在運動場上盡展所長
Alumni showcasing their talents on the sports field



校友校董選舉
The alumni manager election



盆菜宴大合照
Poon choi feast

學生支援組

Inclusive Education



小手工製作工作坊
Lunchtime handicraft workshops

學生支援組為同學舉辦豐富多元的活動，由專業社工帶領，透過小組合作活動，提升學生們的團隊精神和解難能力。

Inclusive Education has offered a variety of activities led by professional social workers. Through the group activities, students' teamwork and problem-solving skills have been promoted.

環球教室

Global Classroom

學校積極推動交流活動，讓學生深入了解祖國及世界各地的文化，並促進文化交流。截至2024/25學年，學校已與5所學校結為姊妹學校。多年來，學校組織了多場境外考察活動，足跡遍及深圳、廣州、北京、佛山、中山、福建、青島、英國、德國、波蘭及法國等地。這些活動不僅拓寬學生的視野，豐富了課本外的知識，還促進了與各地青少年的深厚友誼。

Our school actively promotes exchange activities to help students gain a deeper understanding of our motherland and cultures from around the world, fostering cultural exchange. As of the academic year 2024-2025, we have formed sister school pairs with five schools. Over the years, our school has organized numerous overseas study trips, reaching destinations such as Shenzhen, Guangzhou, Beijing, Foshan, Zhongshan, Fujian, Qingdao, the UK, Germany, Poland, and France. These activities not only broaden students' horizons and enrich their knowledge beyond textbooks but also nurture deep friendships with peers from various regions.



「港鄂兩地經濟·地理探索活動」交流團
Exchange Programme: Explorations of Economy and Geography Between Hubei and Hong Kong



「傳承文化 聯繫川港」交流團
Exchange Programme: Cultural Heritage and Connections between Sichuan and Hong Kong



2024-2025法國的傳統文化與現代科技交流營
2024-2025 Traditional Culture and Modern Technology Exchange Camp in France



2024年「我的民俗相冊」——
內地與港澳青少年民俗攝影獲獎作品頒獎典禮
'My Folk Album' 2024 - Award Ceremony for Youth Folk Photography
from Mainland China, Hong Kong and Macau



一帶一路：波蘭、德國的過去與現在
'Belt and Road: Poland and Germany's Past and Present' Study Trip

策

育涵詠，
藝彩紛呈



藝術教育

Arts Education

本校藉多元的藝術教育為學生帶來豐富的藝術經歷，從常規課程、校內延展課程活動、小組團體，以至全校的藝術氛圍，讓學生滋養在藝術的養份中，全面成長為具創意與表達力的新一代。

Our school provides students with rich artistic experiences through diverse arts education, including regular classes, extracurricular activities, clubs, and the rich artistic atmosphere of the school. This allows students to be nourished by the arts and to grow comprehensively into a new generation with creativity and expressive abilities.

學生優秀作品

Outstanding Student Artworks



第二屆湯國華盃主禮嘉賓紀念品
(予前環境局局長黃錦星教授，GBS，JP)

5B 嚴曉珊

Guest Souvenir for the 2nd Tang Kwok Wah Cup
(Presented to Professor Wong Kam-sing, Former Secretary for the Environment, GBS, JP)

5B YIM Hiu Shan



《憲法》和《基本法》學生校園大使培訓計劃
延續奧運精神 插畫設計比賽優異獎

5A 葉柔縷

Constitution and Basic Law Student Ambassadors Training Scheme:
"Continuing the Olympic Spirit"

Illustration Design Competition Merit Award

5B YE Rouying



視藝學會學生為學校繪畫以「橋」為主題的壁畫
Students in the Visual Arts Society painted a mural with the theme of 'Bridge' for our school.



本校藉參與「M+教師圓桌」活動，
讓學生獲得豐富的藝術學習經歷。
Our school provides students with rich art learning experiences through participating in the 'M+ Teachers Roundtable' activity.



《人生走馬燈》

6A 戴芷柔

"Life's Revolving Lantern"

6A TAI Tsz Yau



日常戲劇排練
Regular drama rehearsal



校際戲劇比賽
Inter-school Drama Competition



香港學校戲劇節演出
Performance at the Hong Kong School Drama Festival

劇社 The Drama Club

劇社活動包括戲劇恆常排練及成果演出，同時提供學生觀賞戲劇的機會。透過劇社活動不但能提升學生的表演技巧及團隊合作精神，更能有效培養學生的藝術觸覺，啟發其創意思維。

The Drama Club activities include regular rehearsals and performances showing our students' achievements. The Drama Club also provides opportunities for students to watch theatrical productions. Through these activities, students can enhance their acting skills and their team spirit, while also effectively developing their artistic sensitivity and creativity.



戲劇觀賞
Drama appreciation

English Drama Society

不僅僅是戲劇，更是橋樑！我們將文學與生活相連。才華橫溢的學生以熱情、想像力、故事和角色，為舞台增添光彩！

More than a play, a bridge! Our English drama club connects literature and life. Talented students transform the stage with passion, imagination, stories, and characters!



英語戲劇訓練
English drama training



劇本朗讀比賽
Script reading race

華韻箏團

Sino-Rhythm Guzheng Team



我校於2023年開辦了古箏班，經過同學們一年來的努力學習，得到不俗的學習成績。於是我校成立了華韻箏團，積極為校內外表演和比賽做準備。

Our school launched a guzheng class in 2023. After a year of diligent practice by our students, they achieved impressive results. As a result, our school established the Sino-Rhythm Guzheng Team, which actively prepares for performances and competitions both within and outside the school.



中樂團

Chinese Orchestra

我校於2023年開辦了不同的中樂班。經過同學們一年來的努力學習和訓練，有不俗的學習成果，於2024年成立了湯國華中樂團。

Our school launched different Chinese musical instrument classes in 2023. After a year of dedicated learning and training, our students made notable progress. In 2024, the QTS Chinese Orchestra was established.

中樂團於湯國華杯表演
Performance by the Chinese Orchestra during the Tong Kwok Wah Cup



小學參觀日笛子表演
Dizi performance during the Primary School Visit

華聲鼓隊

Sino-Resonance Drum Team

湯國華中學華聲鼓隊於2023年成立。同學們努力學習和訓練，積極參加校內外的表演和比賽，2024和2025年度分別奪得全港十八區音樂比賽中學組一金一銀及亞軍的好成績。

QTS Sino-Resonance Drum Team was established in 2023. Our students dedicated themselves fully to their learning and training, actively participating in performances and competitions both inside and outside the school. In 2024 and 2025, they achieved excellent results by winning a gold medal, a silver medal, and second place in the Secondary School category at the Hong Kong District Music Competition.



湯中鼓隊在伊小表演
Performance by the Drum Team at Queen Elizabeth School Old Students' Association Primary School



小學參觀日鼓樂體驗
Drumming experience during the Primary School Visit

QTS Band



QTS Band成員每周跟隨專業音樂人學習樂團合奏。
QTS Band members learn band performance with professional musicians every week.

QTS Band匯聚了一群喜歡流行音樂的學生，學生每周在專業導師的帶領下，學習演繹不同的歌曲。

The QTS Band brings together students who enjoy pop music. Under the guidance of professional instructors, students learn to perform various songs every week.



QTS Band參與24-25年度聖誕歌唱比賽
QTS Band participating in the 2024-25 Christmas Singing Competition

舞蹈隊

The Dance Club

學校舞蹈隊以靈動舞姿屢獲殊榮，於校外競技綻放自信風采，展現多元藝術教育成果，舞動校園美學新高度。

The Dance Club has repeatedly gained recognition with their lively performances, confidently shining in external competitions, showcasing the achievements of diverse arts education, and elevating the aesthetic beauty of the campus through dance.



24-25年度學界比賽
Inter-school Dance Competition 2024-25

校園管理組

School Campus Committee

校園新姿 Campus Renewal

增設樓層植物

Placement of potted plants

樓層植物點綴校園，綠意盎然提升環境美感，淨化空氣之餘，更添藝術氣息，令人心曠神怡。

Potted plants decorate the campus with lush greenery, enhancing its visual appeal. In addition to purifying the air, they also add an artistic touch, creating a calming and inspiring environment.



增設智能水耕機

Installation of a hydroponic system

水耕機融入校園，將科技與自然結合。水耕機除了能培育新鮮植物、美化空間之外，同時啟發學生對可持續發展的探索。

The hydroponic system installed in the campus combines technology and nature. In addition to growing fresh plants and beautifying the campus, the hydroponic system also inspires students to understand the importance of sustainable development.



增設太陽能板

Installation of solar panels

位於天台的太陽能板展現了永續與環保之美，作為校園現代化景觀，體現了現代建築與環境和諧共生的美學。

The solar panels located on the rooftop showcase the beauty of sustainability and environmental protection. As a modern landscape element within the campus, they embody the harmony and aesthetic of modern architecture coexisting with the environment.



橋

建立多元成就



粤港澳大湾区
航天创客大赛总决赛
颁奖典礼



24-25年學生獎項

2

橋

傑出學生 Outstanding Students

青苗基金主辦 青苗學界進步獎獎學金

Youth Arch Student Improvement Award by Youth Arch Foundation

獲獎者 Awardee

5D 彭鈞朗 PANG KWAN LONG

2025年價值觀教育教師協會主辦 2025年價值觀教育傑出學生獎

2025 Values Education Outstanding Student Award by Hong Kong Values Education Teachers' Association, HKVETA

傑出學生獎 2025 Values Education Outstanding Student Award

6A 鄒鎧澄 CHOW HOI CHING

社會福利署主辦 元朗傑出義工選舉2024

Yuen Long District Outstanding Volunteer Election of the Social Welfare Department

青少年組冠軍 2024 Youth Category Champion

6A 鄒鎧澄 CHOW HOI CHING

獎學金 Scholarship

香港兒科醫學會構思、鵬程慈善基金、香港小童群益會主辦 兒科醫學會鵬程奮進堅毅獎學金2024

HKPS Bright Future Scholarship 2024 organized by Hong Kong Paediatric Society, Peng Cheng Charitable Foundation, The Boys' and Girls' Clubs Association of Hong Kong

6A 潘境鑫 PUN KING YAM 5D 趙一夫 CHIU YAT FU

香港廣東社團總會、香港廣東社團總會慈善基金、新界校長會主辦 香港廣東社團獎助學金計劃2024助學金

Hong Kong Guangdong Community Scholarship Programme 2024 Bursary organized by Hong Kong Guangdong Community Association, Hong Kong Guangdong Community Association Charitable Fund, New Territories School Heads Association

6A 周卓賢 CHAU CHEUK YIN

香港文匯報慈善基金及未來之星同學會主辦 2024未來之星·文匯獎學金

2024 Future Star · Wen Wei Po Scholarship organized by Hong Kong Wen Wei Po Charitable Fund and Future Star Alumni Association

6A 鄒鎧澄 CHOW HOI CHING

香港會計師公會／香港商業教育學會 BAFS 聯合獎學金 2024/25

HKICPA/HKABE Joint Scholarship for BAFS 2024/25

5A 周彥信 CHAU YIN SHUN

尤德爵士紀念基金理事會主辦 尤德爵士紀念基金高中學生獎

SIR EDWARD YOUDE MEMORIAL PRIZES FOR SENIOR SECONDARY SCHOOL STUDENTS
by The Sir Edward Youde Memorial Fund Council

6A 林俊傑 LAM CHUN KIT 6B 林子傑 LAM TSZ KIT

創科STEAM

學而思主辦 2024學而思盃全港奧數精英挑戰賽

2024 Think Academy Cup Hong Kong Math Olympiad Elite Challenge organized by Think Academy

一等獎 First Prize

1A 王文俊 WONG MAN CHUN

二等獎 Second Prize

3A 胡景奐 HU JINGHUAN

三等獎 Third Prize

2A 鄺景皓 WU KING HO

3A 周筠宜 CHOW KWAN YI

3A 陳李鴻銘 CHEN JACK

Robotical 主辦 第二屆全球機械人挑戰賽 The 2nd Global Marty Challenge organized by Robotical

初中組 Scratch季軍 2nd Runner-Up

1B 曾浚禧 TSANG CHUN HEI

2A 楊童加甫 YANG ANDY

2A 曾恩軒 TSANG YAN HIN

初中組 Scratch優異獎 Merit Award

1A 鄒嘉軒 CHAU KA HIN

1A 李金津 LEE KAM CHUN

1B 林嘉賢 LAM KA YIN

勵志教育青年基金 主辦 「中國航天夢」太空科學應用創新創意設計比賽

China Aerospace Dream Essay Competition and Space Science Application Innovative and Creative Design Competition organized by Inspire (HK) Youth Education Foundation

高中組冠軍 Champion (Senior Secondary)

4A 鍾熙彤 CHUNG HEI TUNG

4A 謝雅涵 XIE YA HAN

4A 張誠浩 ZHANG SHING HO

香港模型運動協會 主辦 全港中小學環保風力發電機Steam創作大賽2024

Hong Kong Primary and Secondary Schools. Environmentally Friendly Wind Turbine STEAM Creation Competition. 2024 organized by Hong Kong Model Sport Association

最佳環保設計獎亞軍 Best Green Design Award 1st Runner-Up

1A 蔡鎧恩 CHOI HOI YAN

1A 劉馨潞 LIU XIN LU LUCIA

第二十二屆「廣東省少年兒童發明獎」優秀作品展 由廣東發明協會、廣東教育學會及廣東省知識產權研究會主辦

The 22nd Guangdong Province Children's Invention Award Outstanding Works Exhibition by Guangdong Invention Association, Guangdong Education Society, and Guangdong Intellectual Property Research Association

一等獎 First Prize

4A 鍾熙彤 CHUNG HEI TUNG

4A 謝雅涵 XIE YA HAN

4A 張誠浩 ZHANG SHING HO

Eye Level Hong Kong主辦 國際數學解難大賽 2024

2024 Eye Level Math Olympiad by Eye Level Hong Kong

卓越獎 Distinction

1A 王文俊 WONG MAN CHUN

香港數學奧林匹克協會主辦 「華夏盃」全國數學奧林匹克邀請賽2025 (香港賽區) 初賽

Huaxiabei National Mathematics Olympic Invitation Competition 2025 (Hong Kong District) by Hong Kong Mathematical Olympiad Association

一等獎 First Prize

1A 王文俊 WONG MAN CHUN

二等獎 Second Prize

1A 鄒嘉軒 CHOI KA HIM

三等獎 Third Prize

1A 黃詩晴 WONG SZE CHING

1A 劉馨潞 LIU XIN LU LUCIA

1A 歐陽思朗 AU YEUNG SZE LONG

1A 李金津 LEE KAM CHUN

1A 譚禮琛 TAM LAI SUM

1B 林卓軒 LAM CHEUK HIN

1C 張雅姿 CHEUNG NGA CHI

1C 黃嘉鴻 HUANG KA HUNG

2A 鄺景皓 WU KING HO

2A 曾恩軒 TSANG YAN HIN

2A 卓文耀 CHEUK MAN YIU

3A 胡景奐 HU JINGHUAN

3A 桂明軒 GUI MICHAEL

3A 胡卓誠 WU CHEUK SHING

香港城市大學首席及常務副校長室及理學院 主辦 城大科學專利大挑戰2024-25

CityUHK Science Patent Challenge 2024-25 by the Office of the Provost and Deputy President and the College of Science, CityUHK

優異獎 Merit Award

4A 鍾熙彤 CHUNG HEI TUNG 4A 謝雅涵 XIE YA HAN 4A 張誠浩 ZHANG SHING HO

香港數學奧林匹克協會主辦 2025港澳數學奧林匹克公開賽——港澳盃

2025 Hong Kong and Macau Mathematical Olympiad Open——Hong Kong and Macau Cup

金獎 Gold Award

3A 胡景奐 HU JINGHUAN

銀獎 Silver Award

1A 王文俊 WONG MAN CHUN 2A 周鳴華 CHOW MING WA 2A 曾恩軒 TSANG YAN HIN

3A 桂明軒 GUI MICHAEL

銅獎 Bronze Award

1A 劉馨潞 LIU XIN LU LUCIA 3A 張語熙 ZHANG YUXI TRACY 3A 陳李鴻銘 CHEN JACK

3A 唐李雋 TANG LIJUN 3D 陸博文 LU BO WEN

三等獎 Third Prize

2A 鄺景皓 WU KING HO 2A 卓文耀 CHEUK MAN YIU

香港教育大學數學與資訊科技學系主辦 人工智能及創新科技比賽2024-2025

Artificial Intelligence and Innovation and Technology Competition 2024-25 Grand Final by The Education University of Hong Kong

優異獎及最佳生成式人工智能應用獎 Merit Award & Best Generative AI Application Award

4A 鍾熙彤 CHUNG HEI TUNG 4A 謝雅涵 XIE YA HAN 4A 張誠浩 ZHANG SHING HO

優異獎及最佳數據分析獎 Merit Award & Best Data Analysis Award

4A 張穎雯 CHEUNG WING MAN 4A 梁芷洙 LEUNG TSZ YAU 4B 陳鈞兆 CHAN KWAN SIU

香港數學奧林匹克協會主辦 香港國際數學競賽初賽2025金獎

Hong Kong International Mathematics Competition Preliminary 2025 Gold Award

1A 王文俊 WONG MAN CHUN 3A 胡景奐 HU JINGHUAN

香港數學奧林匹克協會主辦 香港國際數學競賽初賽2025銀獎

Hong Kong International Mathematics Competition Preliminary 2025 Silver Award

1A 譚禮琛 TAM LAI SUM 1B 林卓軒 LAM CHEUK HIN 2A 鄺景皓 WU KING HO

香港數學奧林匹克協會主辦 香港國際數學競賽初賽2025銅獎

Hong Kong International Mathematics Competition Preliminary 2025 Bronze Award

1A 歐陽思朗 AU YEUNG SZE LONG 1A 蘇煒鉉 SO FAI WANG

1A 周灝智 CHOW HO CHI GEREMY 3A 陳李鴻銘 CHEN JACK

3A 張語熙 ZHANG YUXI TRACY 3D 陸博文 LU BO WEN

香港新一代文化協會主辦 第27屆香港青少年科技創新大賽高中組——數理及工程組優異獎

27th Hong Kong Youth Science and Technology Innovation Competition by Hong Kong New Generation Cultural Association

4A 梁芷洙 LEUNG TSZ YAU 4A 張穎雯 CHEUNG WING MAN 4B 陳鈞兆 CHAN KWAN SIU

香港新一代文化協會主辦 第27屆香港青少年科技創新大賽STEAM學校優異獎 STEAM Schools Merit Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

三星電子香港有限公司主辦 Samsung Solve for Tomorrow 2024-25

全港中學組冠軍 Champion in the Secondary School Category

4A 鍾熙彤 CHUNG HEI TUNG 4A 謝雅涵 XIE YA HAN 4A 張誠浩 ZHANG SHING HO



香港警務處主辦少年警訊創新科技大賽2024-25

JPC Innovation and Technology Competition 2024-25 by Hong Kong Police Force

高中組傑出表現獎 Outstanding Performance Award (Senior Secondary School Category)

4A 梁芷洙 LEUNG TSZ YAU 4A 張穎雯 CHEUNG WING MAN 4B 陳鈞兆 CHAN KWAN SIU

高中組嘉許獎 Commendation Award (Senior Secondary School Category)

4A 張誠浩 ZHANG SHING HO 4A 鍾熙彤 CHUNG HEI TUNG 4A 謝雅涵 XIE YA HAN

香港青年協會主辦 香港學生科學比賽 2025

Hong Kong Student Science Competition 2025 by HKFYG

社會創新大賞 Social Innovation Award

4A 鍾熙彤 CHUNG HEI TUNG 4A 謝雅涵 XIE YA HAN 4A 張誠浩 ZHANG SHING HO

青年學院 (國際課程)主辦 青年學院 (國際課程) 全港中學生創科設計大賽2025季軍

Youth College (International) Innovation X Technology Competition 2025 2nd Runner up

4A 鍾熙彤 CHUNG HEI TUNG 4A 謝雅涵 XIE YA HAN 4A 張誠浩 ZHANG SHING HO

香港應用科技研究院及香港資優教育學苑主辦 全港青年AI Master應用科技創意大獎2025

Hong Kong Youth AI Master Applied Tech Innovation Awards 2025

高中組亞軍及最具創新與創意獎 Senior Category 1st Runner-Up, Most Innovative & Creative Award

4A 鍾熙彤 CHUNG HEI TUNG 4A 謝雅涵 XIE YA HAN 4A 張誠浩 ZHANG SHING HO

數學思維主辦 數學思維大激鬥2025金獎 (個人賽排名: 20 / 427)

MathConceptition Hong Kong Region 2025 by Mathconcept Education Gold Award (Rank: 20/427)

3D 陳文麗 CHEN WENLI

數學思維主辦 數學思維大激鬥2025銀獎 (個人賽排名: 58/452)

MathConceptition Hong Kong Region 2025 by Mathconcept Education Silver Award (Rank: 58/452)

1A 王文俊 WONG MAN CHUN

數學思維主辦 數學思維大激鬥2025銅獎

MathConceptition Hong Kong Region 2025 by Mathconcept Education Bronze Award

1B 杜可可 DU KE KE COCO 2A 曾恩軒 TSANG YAN HIN 2A 鄒景皓 WU KING HO
3A 胡景煥 HU JINGHUAN 3C 周渝峰 ZHOU YU FUNG MIKE 3D 黃浩鋒 HUANG HAO FENG
4A 謝雅涵 XIE YA HAN

數學思維主辦 數學思維大激鬥2025中一級校際賽優異獎

MathConceptition Hong Kong Region 2025 by Mathconcept Education S1 Inter-School Contest Merit Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

數學思維主辦 數學思維大激鬥2025中三級校際賽優異獎

MathConceptition Hong Kong Region 2025 by Mathconcept Education S3 Inter-School Contest Merit Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

香港新一代文化協會及中國航天科技國際交流中心主辦 第四屆香港青少年航天創新大賽

The 4th Hong Kong Youth Space Innovation Competition by Hong Kong New Generation Cultural Association, China Aerospace Science and Technology International Communications

航天創意賽 (初中組) 二等獎 Second Prize in Aerospace Creativity Competition (Junior Category)

3A 張樂瑤 CHEUNG LOK YIU 3A 楊惠琳 YANG HUILIN 3A 胡景煥 HU JINGHUAN

深圳創新創意設計發展辦公室主辦 第三屆深港澳青少年創意設計大賽

3rd SZ-HK-MO Design Competition for Young Talents by Shenzhen Innovation & Creative Design Development Office

新銳組（中學組）—— 提名獎 New Talent Group (Secondary School Group) - Nomination Award

4A 梁芷洙 LEUNG TSZ YAU 4A 張穎雯 CHEUNG WING MAN 4B 陳鈞兆 CHAN KWAN SIU

Una Technologies Limited及香港電腦教育學會主辦 Microsoft Imagine Cup Junior香港區比賽2025

Microsoft Imagine Cup Junior (Hong Kong) Competition 2025 by Una Technologies Limited and The Hong Kong Association for Computer Education

二等獎（季軍）Second Prize (2nd Runner-up)

4A 梁芷洙 LEUNG TSZ YAU 4A 張穎雯 CHEUNG WING MAN 4B 陳鈞兆 CHAN KWAN SIU

奧冠教育中心主辦 香港國際數學競賽晉級賽2025

Hong Kong International Mathematical Olympiad the Heats Round Olympiad Champion Education Group

季軍（全球第三）2nd Runner-up

1A 王文俊 WONG MAN CHUN

銀獎 Silver Award

3A 胡景奐 HU JINGHUAN

60^{PI}ns、香港大學工程學院及香港理工大學主辦 國際太空編程任務3ASTRON Space Lab 3 by 60^{PI}ns, HKU MECH and PolyU AAE

優異獎 Merit Award

5A 徐靖泐 TSUI CHING YEUNG 5A 曾煜稀 ZENG YIK HEI 5B 余俊龍 YU CHUN LUNG

中國衛星導航定位協會及南粵航空航天科技創新研究院主辦 大灣區航天北斗衛星導航編程比賽

Greater Bay Area Aerospace Beidou Satellite Navigation Programming Competition by GNSS&LBS Association of China and Nanyue Aerospace Science and Technology Innovation Research Institute

卓越設計獎及中學組季軍 Outstanding Design Award and 2nd Runner-up in the Secondary School Category

3D 黃浩鋒 HUANG HAOFENG 3D 丁少凱 TING SHAOKAI 3D 汪仲賢 WANG JOYCE

北斗科普示範特色學校 Beidou Science Popularization Demonstration School

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

香港電腦教育學會及香港無人機足球總會主辦 香港學界無人機足球公開賽 2025

Inter-school Drone Soccer Competition 2025 by HKACE & Hong Kong Drone Soccer Association

一等獎（第4名）First Prize 3rd Runner-up

1B 曾浚禧 TSANG TSUN HEI 1B 林嘉賢 LAM KA YIN 1B 毛馨毅 MAO IVAN

2A 楊童加甫 YANG ANDY

教育局、中國科學院空間應用工程與技術中心、香港科技大學合辦 香港中學生空間站科普載荷和科學實驗方案設計比賽

Hong Kong Secondary Student Space Station Popular Science Payload and Science Experiment Design Challenge by the Education Bureau, the Technology and Engineering Center for Space Utilization, Chinese Academy of Sciences, and the Hong Kong University of Science and Technology

金獎 Gold Award

3A 張樂瑤 CHEUNG LOK YIU 3A 劉露茜 LIU LUCY 3A 楊惠琳 YANG HUILIN

3A 胡景奐 HU JINGHUAN

科技教育 Technology Education

百樂施教育基金會有限公司 主辦 「第十一屆阿爸、阿媽，食飯喇！」校際烹飪比賽
The 11th “Dad, Mom, Dinner is Ready!” Inter-School Cooking Competition by PAVAS Education Foundation Limited

嘉許獎 Merit

4A 黃坤輝 HUANG KWAN FAI 4A 趙穎賢 CHIU WING YIN VALENE 5B 李凌鋒 LEE LING FUNG

香港大中華中小企業商會 主辦 香港中小企創新大獎2024中學生組別
Hong Kong Greater China SME Innovation Competition 2024 organized by Hong Kong Greater China SME Alliance Association

嘉許獎 Merit

5C 林焯然 LAM WAI YIN 5A 周彥信 CHAU YIN SHUN 5B 李卓殷 LEE CHEUK YAN

采菽社、李希慎基金、2.1大教育平台、香港中文大學 主辦 科學中的人文素養：可持續農業研習交流會
Humanities in Science: Sustainable Agriculture Study Exchange Conference organized by Soyvestors, Lee Hysan Foundation, 2.1 Education Platform, The Chinese University of Hong Kong

采菽社聯校匯演優秀匯報獎 Soyvestors Inter-School Showcase Outstanding Presentation Award

2A 周鳴華 CHOW MING WA 2A 嚴覓 YIM MIK

最佳攝影獎 Best Photography Award

3C 劉朗文 LAU LONG MAN 4C 黃詠詩 WONG WING SZE

采菽社聯校匯演最佳海報獎 Soyvestors Inter-School Showcase Best Poster Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

香港朗晴慈善機構 主辦 碳中和先鋒 灣區行動項目——「邁向碳中和 說好綠色故事」中學組倡議比賽
“Carbon Neutrality Pioneer Bay Area Action Project - “Moving Towards Carbon Neutrality, Telling a Good Green Story” Secondary School Group Initiative Competition” Organized by Hong Kong Sunshine Charity

亞軍 The 1st runner-up

2A 文鈺 WEN YU 2A 周鳴華 CHOW MING WA 2A 徐靖宥 TSUI CHING YAU

香港朗晴慈善機構 主辦 碳中和先鋒 灣區行動項目——「邁向碳中和 說好綠色故事」低碳及可持續發展服裝設計比賽
“Carbon Neutrality Pioneer Bay Area Action Project - “Moving Towards Carbon Neutrality, Telling a Good Green Story” Low-Carbon and Sustainable Development Fashion Design Competition” Organized by Hong Kong Sunshine Charity

優異獎 Merit

2A 文鈺 WEN YU 2A 周鳴華 CHOW MING WA 2A 徐靖宥 TSUI CHING YAU

科創公民教育中心與新界校長會 主辦 「活學中華文化：一味饌見真情」親子烹飪比賽
“Learning Chinese Culture: One Dishes Showing True Love” Parent-Child Cooking Competition” Organized by Techno-Civic Education Centre and New Territories Principals Association

優異獎 Merit

2C 方紫柔 FONG TSZ YAU 4A 趙穎賢 CHIU WING YIN VALENE

投委會主辦 2024-2025年度電子「股壇達人」校際比賽嘉許獎
2024-2025 Electronic “Stock Master” Inter-school Competition by the Investment Commission Commendation Award (Excellent Results).

5A 黃蔚宜 WONG WAI YI 5A 周彥信 CHAU YIN SHUN 5A 李柏熙 LI PAK HEI

5C 周卓楠 CHOW CHEUK NAM

寫作 Writing

教育局 德育、公民及國民教育組 主辦 2024國家安全寫作比賽

Active Participation School Award 2024 National Security Writing Competition organized by Education Bureau Moral, Civic, and National Education Section

積極參與學校獎 Active Participating School Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

The Greater Bay Area Gifted Book Report Competition 2024 organized by Hong Kong Gifted Education Teachers' Association and KPG Education Limited

STAR of Excellence

5A 黃卓軒 WONG CHEUK HIN

Gold Award

5A 梁文哲 LEUNG WEN ZHE

香港教育工作者聯會及川港基礎教育聯盟主辦「童眼看川港」第三屆文化藝術交流活動

“Children's Eyes on Sichuan-Hong Kong” 3rd Cultural and Artistic Exchange Award Ceremony by Hong Kong Professional Teachers' Union, Sichuan-Hong Kong Basic Education Alliance

初中組徵文二等獎 Second Prize in Junior Secondary Essay Competition

3A 李柳芳 LI LIUFANG

初中組徵文三等獎 Third Prize in Junior Secondary Essay Competition

3D 丁少凱 TING SHAOKAI 4A 謝雅涵 XIE YA HAN

元朗區家庭生活教育宣傳運動工作小組 主辦「沿途有愛」之創作及心聲表達比賽中學組

“Love Along the Way” Creative and Expression Competition organized by Yuen Long District Family Life Education Campaign Working Group

優異獎 Merit

4B 吳美瑩 NG MEI YING

學友社主辦 第三十三屆全港中學生新聞評述比賽

News Commentary Competition by Hok Yau Club

全港第四名 3rd Runner-up

5A 鄭家慧 CHENG KA WAI

HKCYAA 2024 English Writing Competition by Hong Kong Children and Youth Arts Association

Outstanding Educational Institution Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

Junior Secondary 1st Runner-up

3B 王國維 WONG KWOK WAI

Junior Secondary Silver Awards

1A 陳紫謠 CHEN TSZ YIU 1A 許依琳 HUI YEE LAM

3B 張希琳 CHEUNG HEI LAM 3B 曾嘉儀 TSANG KA YEE

Junior Secondary Bronze Awards

1A 歐陽思朗 AU YEUNG SZE LONG 1A 王文俊 WONG MAN CHUN

Senior Secondary Champion

4C 馬雅詩 MA NGA SZE

Senior Secondary Silver Awards

5A 吳穎晴 NG WING CHING 5A 黃芷妮 WONG GEE NI

Senior Secondary Bronze Awards

4A 麥詩渝 MAK SZE YU 4A 韋宜臻 WAI YI CHUN

4B 吳美瑩 NG MEI YING 4D 周禮妍 CHOW LAI YIN

香港中華出入口商會及香港教育工作者聯會主辦「我們一起悅讀的日子——書展慈善活動」小作家嘉許獎
Pleasurable Reading Carnival-Book Fair Charity Event Young Writers Commendation Award

3A 方意喬 FONG YI KIU 3D 黃莉殷 WONG LEE YAN

香港文藝教育協會主辦「天馬盃 2024-2025 全港中英文寫作比賽」
Pegasus Cup 2024-2025 Hong Kong Chinese and English Writing Competition by Hong Kong Art Education Association

卓越藝術教育大獎 Outstanding Art Education Award (Silver)

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

中學初級組 Junior Secondary (S1-S3) 中文寫作 Chinese Writing

季軍 2nd Runner-up 3D 丁少凱 TING SHAOKAI

金獎 Gold Award 1D 余曼靜 YU MANJING

銀獎 Silver Award 3D 黃敏柔 HUANG MAN YAU

中學初級組 Junior Secondary (S1-S3) 英文寫作 English Writing

殿軍 3th Runner-up 3B 張海彬 ZHANG HAIBIN

金獎 Gold Award 1A 孫巧童 SUEN HAU TUNG DOROTHY 3B 盧卓楠 LO CHEUK NAM

銀獎 Silver Award 1A 盧宇軒 LO YU HIN

銅獎 Bronze Award 1A 雷浩龍 LUI HO LUNG

HKCYAA English Writing Competition 2025 by Hong Kong Children and Youth Arts Association

Junior Secondary 1st Runner-up

3B 李樂臻 LI LOK CHUN

Junior Secondary 2nd Runner-up

3B 吳國正 NG KWOK CHING

Junior Secondary Gold

1D 余曼晴 YU MANQING 3B 莫雅婷 MO YATING

Junior Secondary Silver

1A 蔡鎧恩 CHOI HOI YAN 1A 孫巧童 SUEN HAU TUNG DOROTHY
1D 譚沛澄 TAM PUI CHING 3B 陳釗卓 CHAN CHIU CHEUK 3B 張海彬 ZHANG HAIBIN

Junior Secondary Bronze

1A 黃詩晴 WONG SZE CHING 1A 雷浩龍 LUI HO LUNG 1A 王文俊 WONG MAN CHUN
1A 陳梓悅 CHEN TSZ YUET 1D 陳沛霖 CHEN PUI LAM

Open Category 1st Runner-up

4A 黃坤輝 HUANG KWAN FAI

Open Category Gold

4A 林紫欣 LIN ZI XIN

Open Category Silver

4A 孫子喬 SUN TSZ KIU

Outstanding Educational Institution Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

香港中華文化促進中心主辦 2024-2025 中國中學生作文大賽
National Essay Writing Competition (Hong Kong) 2024-2025 by The Hong Kong Institute for Promotion of Chinese Culture

初中組 銅獎 Junior Secondary Bronze Award

2A 周鳴華 CHOW MING WA



武漢長江日報主辦 第四十一屆武漢國際楚才作文競賽（香港賽區）

初中組 一等獎 Junior First Class

3D 黃敏柔 HUANG MAN YAU

初中組 二等獎 Junior Second Class

2C 林樂晴 LAM LOK CHING

3A 劉露茜 LIU LUCY

3B 莫雅婷 MO YATING

初中組 三等獎 Junior Third Class

3D 丁梓晴 DING ZI QING KATHY 3D 丁少凱 TING SHAOKAI

高中組 一等獎 Senior First Class

4A 程嘉敏 CHENG KA MAN

高中組 二等獎 Senior Second Class

4A 林紫欣 LIN ZI XIN

高中組 三等獎 Senior Third Class

4A 吳彥均 NG YIN KWAN

演辯 Speech & Debate

香港辯論總會主辦 博才盃 五角辯論邀請賽2024-2025 決賽

Inter-school Erudite Debate Cup organized by Hong Kong Debate Federation

冠軍 Champion

3A 吳欣怡 NG YAN YI

5A 陳宏一 CHEN WANG YAT

3A 方意喬 FONG YI KIU

5A 鄭家慧 CHENG KA WAI

3A 張樂瑤 CHEUNG LOK YIU

5A 譚文惠 TAM MAN WAI

決賽最佳辯論員 Best Debater in Final

5A 陳宏一 CHEN WANG YAT

小組賽最佳辯論員 Best Debater in Group Stage

3A 吳欣怡 NG YAN YI

3A 方意喬 FONG YI KIU

希聲辯論教育中心 主辦 希聲辯論邀請賽 小組賽

Debate One Invitational Debate Cup

小組賽最佳辯論員 Best Debater in Group Stage

5A 陳宏一 CHEN WANG YAT

香港學校音樂及朗誦協會主辦 第77屆香港學校朗誦節

77th Hong Kong Schools Speech Festival by Hong Kong Schools Music and Speech Association

中文朗誦 Chinese Speech

優良 Merit

1A 葉芷瑜 YIP TSZ YU

1A 鄒嘉軒 CHAU KA HIN

2A 何嘉琳 HO KA LAM JACINTA

4A 黃嘉意 HUANG KA YI

良好 Proficiency

2D 黃以芯 WONG YEE SUM

3D 曾子泰 TSANG TSZ TAI

4A 張穎雯 CHEUNG WING MAN

4A 梁芷洙 LEUNG TSZ YAU

4B 馬智盈 MA CHI YING

4C 馬雅詩 MA NGA SZE

5B 吳雪琳 NG SUET LAM

英文朗誦 English Speech

優良 Merit

1A 羅進康 LAW TAN KHANG

1A 歐嘉寶 AU KA PO

1A 鄒嘉軒 CHAU KA HIN

1A 劉馨潞 LIU XIN LU LUCIA

2A 譚健朗 TAM KIN LONG

良好 Proficiency

1A 周灝智 CHOW HO CHI GEREMY

2A 郭沛楠 GUO PUI NAM

2B 譚濬諺 TAM CHUN YIN



“2025 Let's Join Hands in Safeguarding National Security” Programme National Security Short Speech Competition
Secondary Section – English 2nd Runner-up by Education Bureau and the Security Bureau

4B 馬智盈 MA CHI YING

藝術香港及香港教育大學 主辦「我愛我的祖國・立德樹人篇」金紫荊盃香港校際作文暨普通話朗誦大賽2024
“I Love My Motherland” Golden Bauhinia Cup Hong Kong Inter-School Essay and Putonghua Recitation Competition
2024 organized by Hong Kong Arts Development Council and The Education University of Hong Kong

優異獎 Merit

2A 周鳴華 CHOW MING WA 2A 嚴覓 YIM MIK

香港教育工作者聯會主辦 香港中小幼兩文三語朗誦大賽暨第十一屆（曹燦盃）青少年朗誦展示活動（香港）2025
The 1st Hong Kong Primary, Secondary, and Kindergarten “Biliterate and Trilingual” Recitation Competition & the
11th Cao Can Cup Youth Recitation Showcase(Hong Kong)

優秀獎 Outstanding Award

4D 周禮妍 CHOW LAI YIN

個人社會及人文教育 Personal, Social and Humanities Education

鏡報主辦 第三屆「閩港澳臺僑社會責任推广大使」評選活動

The third “Fujian, Hong Kong, Macao and Taiwanese Social Responsibility Promotion Ambassador” by The Mirror

中學視頻組二等獎 The Second Prizes in the Secondary School Video Category

3B 裴紫遙 PUI TSZ YIU 3D 余駿軒 YU CHUN HIN

教育局課程發展處個人、社會及人文教育組 主辦 初中歷史科電子閱讀獎勵計劃2024

Junior Secondary History e-Reading Award Scheme 2024 organized by Personal, Social & Humanities Education of
Education Bureau

75週年國慶特別大獎及創意獎 75th Anniversary National Day Special Award and Creativity Award

3A 吳愷淇 NG HOI KI 3A 吳欣怡 NG YAN YI

3A 李柳芳 LI LIUFANG 3A 杜姚諳 TO JIU AM

香港中華文化促進中心主辦 校際香港歷史文化專題研習比賽

Inter-school Competition of Project Learning on Hong Kong's History and Culture by The Hong Kong Institute for
Promotion of Chinese Culture

初級組（多媒體）亞軍 Junior Secondary (Multimedia) 1st Runner-up

4A 林紫欣 LIN ZI XIN 4A 麥詩渝 MAK SZE YU

4A 鄧楚毅 TANG CHO NGAI 4A 黃厚耀 WONG HAU YIU

哈佛大學香港校友會主辦 哈佛圖書獎

The Harvard Book Award by the Harvard University Hong Kong Alumni Association

5A 鄭家慧 CHENG KA WAI 5A 陳宏一 CHEN WANG YAT 5A 曾煜稀 ZENG YIK HEI

教育局課程發展處個人、社會及人文教育組 主辦「歷史四維遊」全港中學生網上閱讀獎勵計劃

“History 4D Tour” Competition e-Reading Award Scheme organized by Personal, Social & Humanities Education of
Education Bureau

推廣閱讀文化獎 Promoting Reading Culture Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

挑戰版——優異獎 Challenge Version - Merit Award

3A 張語熙 ZHANG YUXI TRACY

挑戰版——嘉許獎 Challenge Version - Commendation Award

1C 張智傑 CHEUNG CHI KIT 2A 方俊歡 FONG CHUN FOON 3A 劉露茜 LIU LUCY

4A 黃坤輝 HUANG KWAN FAI

普及版——優異獎 Popular Version - Merit Award

3A 曹浩瑋 CAO HO WAI

普及版——嘉許獎 Popular Version - Commendation Award

1A 周灝智 CHOW HO CHI GEREMY	1A 黃梓昕 WONG TSZ YAN CHRISTINE	1C 張智傑 CHEUNG CHI KIT
2A 方俊歡 FONG CHUN FOON	2D 蔡碧瑩 CHOI PIK YING	3A 黃鈺彤 HUANG BELLA
3A 劉露茜 LIU LUCY	3A 吳欣怡 NG YAN YI	3A 楊惠琳 YANG HUILIN
3A 張語熙 ZHANG YUXI TRACY	3A 方意喬 FONG YI KIU	3A 胡景奐 HU JINGHUAN
3A 胡卓誠 WU CHEUK SHING	3B 魏熙坤 WEI TOMMY	4A 黃坤輝 HUANG KWAN FAI
4C 陳佩琦 CHAN PUI KI		

香港中華文化發展聯合會主辦 學生文化大使 (2024/25年度)

Student Cultural Ambassador (2024/25) by the China Federation of Literary and Art Circles

3A 吳欣怡 NG YAN YI 4A 黃坤輝 HUANG KWAN FAI 5A 李冠鋒 LI KWUN FUNG

智國集團主辦 第四十一屆I-Learner「智好學計劃」

The 41st I-Learner "Smart Learning Program" by Nebula Group

金獎 Gold

1A 鄒嘉軒 CHAU KA HIN	1B 陳柏文 CHAN PAK MAN	4A 麥詩渝 MAK SZE YU
4A 黃坤輝 HUANG KWAN FAI		

優異獎 Merit

1A 王文俊 WONG MAN CHUN	4A 梁盛鈞 LIANG SHENG JUN	4A 許斯琳童 HUI SZE LAM TUNG
4A 林紫欣 LIN ZI XIN		

智國集團主辦 第四十二屆I-Learner「智好學計劃」

The 42nd I-Learner "Smart Learning Program" by Nebula Group

特等獎 Grand Award

1A 羅進康 LAW TAN KHANG	1B 翁智榮 WENG CHI WING	4A 麥詩渝 MAK SZE YU
4A 黃坤輝 HUANG KWAN FAI		

金獎 Gold Award

1A 盧宇軒 LO YU HIN	1B 陳柏文 CHAN PAK MAN	4A 林紫欣 LIN ZI XIN
5D 黃文軒 WONG MAN HIN		

香港善德基金會主辦 善德茶文化傳承及創新計劃

Shine Tak Tea Culture Inheritance and Innovation Program by Hong Kong Shine Tak Foundation

茶文化大使 Tea Culture Ambassador

1A 黎日朗 LAI YAT LONG 2A 黃葆欣 WONG PO YAN 2A 周鳴華 CHOW MING WA

藝暢影視主辦 藝暢影視短片拍攝比賽

優秀隊員 Outstanding Team Member

1A 王文俊 WONG MAN CHUN 1C 梁其睿 LIANG KI YUI

卓越潛能獎 Outstanding Potential Award

1A 王文俊 WONG MAN CHUN	1C 梁其睿 LIANG KI YUI	1B 黃洛心 WONG LOK SUM
1B 曾浚禧 TSANG TSUN HEI	1D 周逸軒 CHAU YAT HIN	

青苗基金主辦 青苗學界進步獎
Youth Arch Student Improvement Award by Youth Arch Foundation

獲獎者 Awardee

2A 邱俊晞 YAU CHUN HEI	2B 黃齊家 HUANG CHAI KA	2D 陳曉洋 CHAN HIU YEUNG
2D 何梓穎 HO TSZ WING	3A 林曦 LAM HEI HANSON	3B 鍾誠晞 CHUNG SHING HEI
3C 梁彥康 LEUNG YIN HONG	3C 麥曉楓 MAK HIU FUNG	3D 許智樂 HUI CHI LOK
4A 陳建深 CHEN JIANSHEN	4B 劉家樂 LIU KA LOK LOSON	4C 黃煜琳 WONG YUK LAM
4D 冼佩詩 CHINSOM PUI SZE	5A 袁杏宜 YUEN HANG YI	5B 陳皓泓 CHAN HO WANG
5D 彭鈞朗 PANG KWAN LONG	6A 李皓賢 LI HO YIN	6B 鍾淑琦 CHUNG SHUK KEI
6C 黃俊熹 BUTWISSET CHUN HEI	6D 張子健 CHEUNG TSZ KIN	

德育、公民及國民教育 Moral, Civic and National Education

浸信會愛羣社會服務處 主辦「第六屆樂繫校園獎勵計劃」榮譽大獎
Award for Excellent Performance "Hi-Five Student Engagement Award Scheme" organized by the Baptist Oi Kwan Social Service

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

環境運動委員會 主辦 2023年度環境教育大獎 最佳環境教育方案嘉許狀
CERTIFICATE OF MERIT 2023 Best Green Education Initial Award organized by Schools Go Green

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

民政及青年事務局及義務工作發展局 主辦 賽馬會眾心行善傑出愛心學校獎 及 賽馬會眾心行善愛心學校
Hong Kong Volunteer Award JC VOLUNTEER TOGETHER Outstanding Caring School Award & JC VOLUNTEER TOGETHER CARING SCHOOL organized by Home and Youth Affairs Bureau, Agency for Volunteer Service

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

教育局 主辦 教育局「『諾』活策劃師——校本價值觀教育推廣活動設計比賽（中學）」
"The MPA Activity Planners"-School-based Values Education Promotional Activities Design Competition (Secondary School) organized by Education Bureau

優異獎 Merit

5A 周樂兒 CHAU LOK YEE	5A 周彥信 CHAU YIN SHUN	5A 李冠鋒 LI KWUN FUNG
5B 鄧嘉瑜 DENG KA YU	5B 李卓殷 LEE CHEUK YAN	5B 彭俊希 PANG CHUN HEI
5C 林煒然 LAM WAI YIN		

大灣區青年發展促進會 主辦《全港傑出內地研學交流團》嘉許狀
Certificate of Commendation Hong Kong Outstanding Mainland Study Tour Organized by Greater Bay Area Youth Development Association

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

香港商報 主辦 2024維護國家安全全民問答挑戰賽
2024 National Security Quiz Challenge organized by Hong Kong Commercial Daily

亞軍 1st Runner-up

6B 歐胤豪 AU YAN HO

季軍 2nd Runner-Up

6A 曾翠婷 TSANG CHUI TING

教育局 主辦《憲法》和《基本法》學生校園大使培訓計劃「延續奧運精神 插畫設計比賽」
Constitution and Basic Law Student Ambassadors Training Scheme organized by Education Bureau

優異獎 Merit

5A 葉柔纓 YE ROUYING



學友社主辦 明日領航者計劃——吾講吾識基本法競技工作坊
Navigator of Tomorrow Programme-Basic Law Knowledge Challenge Workshop by Hok Yau Club

二等獎 Second Prize

3A 李柳芳	LI LIUFANG	3A 何雨晨	HE YU CHEN	3C 郭美鳳	GUO MEIFENG
3C 區博文	AU POK MAN	3C 周渝峰	ZHOU YU FUNG MIKE	3C 黃濤	HUANG TO

香港青年交流促進平台主辦 第三屆「愛心行動獎2023-2024」
Actions of Love Award by Hong Kong Youth Exchange Promotion United Association

嘉許證書 Certificate of Merit

5A 周樂兒	CHAU LOK YEE	6A 鄒鎧澄	CHOW HOI CHING	6A 梁詠詩	LEUNG WING SZE
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中葉育才教育機構 主辦 第三屆《基本法》校園推廣計劃設計比賽
The 3rd Basic Law Campus Promotion Program Design Competition organized by Chung Yeh Yuk Tsoi Education Organization

殿軍 (個人隊伍) 3rd Runner-Up (Individual Team)

5C 彭曉楠	PANG HIU NAM
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季軍 (學校隊伍) 2nd Runner-Up (School Team)

5C 梁凱欣	LEUNG HOI YAN	5C 陳漪殷	CHAN YI YAN CONSTANCE
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最踴躍參與獎 Most Active Participation Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

教育局公益少年團主辦 公益少年團年度團隊獎勵計劃
Community Youth Club Team Awards by Community Youth Club

積極團隊獎及優秀團隊獎 Active Participation and Outstanding Performance Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

公益少年團高級獎章 Community Youth Club Members Award Scheme

5A 郭穎芝	KWOK WING CHI	5A 周樂兒	CHAU LOK YEE	5B 孔令楠	HUNG LING NAM
5B 吳雪琳	NG SUET LAM	6A 郭汶琦	KWOK MAN KEI	6A 李丞哲	LEE SHING CHIT

首席快樂官協會(CHOA)及 Preface主辦 幸福校園嘉許計劃2024-2025
Happy School Recognition Campaign 2024-2025 by Chief Happiness Officers Association (CHOA) and Preface

幸福校園優異獎 Happy Campus Merit Award Star Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

香港未來發展協會主辦 「推廣《基本法》你我齊參與」中小學生壁報設計比賽
“Basic Law Promotion: Let's Participate Together” Primary and Secondary School Poster Design Competition by Hong Kong Future Association

優異獎 Merit

4A 陳芷昭	CHEN ZHI ZHAO	4A 黃坤輝	HUANG KWAN FAI	4A 黃嘉意	HUANG KA YI
4A 許斯琳童	HUI SZE LAM TUNG	4A 劉美嘉	LIU MEIJIA	4B 馬智盈	MA CHI YING

社會福利署主辦 元朗區傑出義工選舉2024青少年組冠軍
2024 Youth Category Champion of the Yuen Long District Outstanding Volunteer Election of the Social Welfare Department

6A 鄒鎧澄	CHOW HOI CHING
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元朗警區主辦 元朗警區國家安全網上常識問答比賽
Yuen Long District National Security Online Quiz Competition

季軍 2nd Runner-Up

1A 陳澤昇 CHAN CHAK SING

優異獎 Merit Award

3A 胡景奐 HU JINGHUAN

香港吸煙與健康委員會主辦 「無煙Teens精英計劃」 2024-2025
Smoke-free Elite Teens Programme 2024-2025

金獎 Gold Award

4A 郭桐兒 KWOK TUNG YI 4A 張愷懂 CHEUNG HOI TUNG 4A 潘志軒 POON CHI HIN

銀獎 Silver Award

4A 許宸語 XU CHENYU 4A 張加茂 ZHANG KA MAU 4A 張誠浩 ZHANG SHING HO

銅獎 Bronze Award

4A 趙穎賢 CHIU WING YIN VALENE 4A 黃嘉意 HUANG KA YI 4A 黃熙怡 WONG HEI YI

公益少年團主辦 公益少年團年度團隊獎勵計劃
Community Youth Club Team Awards by the Community Youth Club Members Award Scheme

中級獎章 Secondary School Level 2 (Orange Badge)

2A 周鳴華 CHOW MING WA	2A 鄧可琳 DENG HO LAM CINDY	2A 何嘉琳 HO KA LAM JACINTA
2A 顏尉晴 NGAN WAI CHING	2A 曾子淳 TSANG TSZ SHUN	2A 徐靖宥 TSUI CHING YAU
2A 文鈺 WEN YU	2A 黃葆欣 WONG PO YAN	2A 曾恩軒 TSANG YAN HIN
2A 鄒景皓 WU KING HO	2B 黃永意 HUANG YONGYI	2C 阮詩婷 YUEN SZE TING
3A 吳愷淇 NG HOI KI	3A 杜姚諳 TO JIU AM	3C 劉朗文 LAU LONG MAN
3D 丁梓晴 DING ZI QING KATHY	3D 羅翠萍 LAW CHUI PING	3D 陳浩泓 CHAN HO WANG
3D 許智樂 HUI CHI LOK	3D 陸博文 LU BO WEN	3D 謝謙舜 TSE HIM SHUN
5D 林灼盈 LAM CHEUK YING		

「WhatsApp 貼圖設計比賽」高中組優異獎 Merit Award in the WhatsApp Sticker Design Competition (Senior Form)

5B 嚴曉珊 YIM HIU SHAN

慈善花卉義賣積極參與獎 Active Participation in Greening for the Chest - Charity Plant Sale.

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

恩橡基金會主辦 ACE跨代領袖獎勵計劃 2024-25
ACE Fellows Programme 24/25 by Mighty Oaks Foundation

ACE 創新獎 ACE Grand iGen Initiative Award

4A 梁芷洙 LEUNG TSZ YAU	5A 郭穎芝 KWOK WING CHI	5A 黃蔚宜 WONG WAI YI
5C 鄭曦柔 CHENG HEI YAU	5C 梁凱欣 LEUNG HOI YAN	

乒乓球 Table Tennis

中國香港學界體育聯會元朗區中學分會 主辦 元朗區乒乓球比賽
Inter-Secondary School Table Tennis Competition (Yuen Long) by HKSSF- Yuen Long Secondary Schools Area Committee

男子甲組團體殿軍 Boys A Grade Team 3rd Runner-up

3D 張文軒 CHEUNG MAN HIN	4C 潘昇延 POON SING YIN	6A 戴偉權 TAI WAI KUEN
6A 司徒敬謙 SZE TO KING HIM	6B 譚柏熙 TAM PAK HEI	

籃球 Basketball

香港島青年聯會及Sport2pro 主辦 2025全港青年三人籃球挑戰賽女子U19 冠軍
2025 Hong Kong Youth 3x3 Basketball Championship Women's U19 Champion by Hong Kong Island Youth United Association & Sport2pro

4D 梁紫琳 LEUNG ICY 5B 陳安祺 CHAN ON KI
5B 鄧嘉瑜 DENG KA YU 5B 李苡靜 LEE I CHING VIRGINIA

游泳 Swimming

中國香港學界體育聯會元朗區中學分會 主辦 元朗區校際游泳比賽
Inter-Secondary School Swimming Competition (Yuen Long) by HKSSF- Yuen Long Secondary Schools Area Committee

男子甲組50米背泳冠軍 Boys A Grade 100m Back Stroke Champion

5B 葉朗禧 YIP LONG HEI

男子甲組100米背泳亞軍 Boys A Grade 50m Back Stroke 1st Runner-up

5B 葉朗禧 YIP LONG HEI

男子甲組50米蝶泳冠軍(破大會紀錄) Boys A Grade 50m Butterfly Champion (New Record)

5D 鍾栢軒 CHUNG PAK HIN

男子甲組50米自由泳冠軍 Boys A Grade 200m Freestyle Champion

5D 鍾栢軒 CHUNG PAK HIN

男子甲組200米蛙泳殿軍 Boys A Grade 200m Breast Stroke 3rd Runner-up

4A 鄧楚毅 TANG CHO NGAI

男子甲組4x50米四式接力冠軍 Boys A Grade 4x50m Medley Relay Champion

3C 黃柏翹 WONG PAK KIU BOSCO 4A 鄧楚毅 TANG CHO NGAI 4D 梁均諾 LEUNG KWAN KO
5B 葉朗禧 YIP LONG HEI 5D 鍾栢軒 CHUNG PAK HIN

男子甲組團體亞軍 Boys A Grade Team 1st Runner-up

伊利沙伯中學舊生會湯國華中學 QESOSA Tong Kwok Wah Secondary School

欖球 Rugby

International College Hong Kong(ICHK) 主辦 中學校際非撞式欖球錦標賽 (冬季賽)
Inter-Secondary School Touch Championship 2024 by International College Hong Kong(ICHK)

男子U16組殿軍 Boys Boys U16 3rd Runner-up

3B 鍾誠晞 CHUNG SHING HEI 3B 吳浠陽 NG HEI YEUNG 3B 吳國正 NG KWOK CHING
3C 陳浩天 CHAN HO TIN 3C 張懿銘 CHEUNG YI MING 3C 陸家寶 LU KA PO
3C 嚴楚霆 YIM CHO TING 3D 陳浩泓 CHAN HO WANG 3D 許智樂 HUI CHI LOK
3D 曾子泰 TSANG TSZ TAI 4C 王泓竣 WONG WANG CHUN

女子U14組殿軍 Girls U14 3rd Runner-up

1A 許依琳 HUI YEE LAM 1D 莫匡儀 MOK HONG YEE 2C 冼希敏 SIN HEI MAN
2D 黃嘉怡 HUANG KA YI 3A 陳芷晴 CHAN TSZ CHING 3C 黃稚桐 WONG CHI TUNG
3C 王諾怡 WONG NOK YI 3D 黃莉殷 WONG LEE YAN

中國香港學界體育聯會主辦 全港中學校際七人欖球賽
All Hong Kong Inter-School Rugby Sevens Competition by Hong Kong School Sports Federation

男子乙組全港第8名 Boys B Grade 8th in Hong Kong:

2B 何上言 HO SHEUNG YIN 3B 鍾誠晞 CHUNG SHING HEI 3B 吳浠陽 NG HEI YEUNG
3B 吳國正 NG KWOK CHING 3C 陳浩天 CHAN HO TIN 3C 張懿銘 CHEUNG YI MING
3C 陸家寶 LU KA PO 3C 嚴楚霆 YIM CHO TING 3D 陳浩泓 CHAN HO WANG
3D 許智樂 HUI CHI LOK 3D 曾子泰 TSANG TSZ TAI 4C 王泓竣 WONG WANG CHUN

男子丙組全港殿軍 Boys C Grade 3rd Runner-up

1C 張智傑 CHEUNG CHI KIT	1C 繆仲啟 MIU CHUNG KAI	1C 黃梓維 WONG JERRY TSZ WAI
1C 黃梓軒 WONG TSZ HIN	1D 黃穎熙 WONG WING HEI	2A 楊智謙 YEUNG CHI HIM
2B 繆伯承 MIU PAK SHING	2B 黃治行 WONG CHI HANG	2D 周立源 CHOW LAP YUEN
2D 梁愷烽 LEUNG HOI FUNG	2D 凌子誠 LING TSZ SHING	2D 申梓誠 SUN TSZ SHING

女子初中組全港第七名 Girls Junior Grade All Hong Kong 7th Place

1A 許依琳 HUI YEE LAM	2A 顏尉晴 NGAN WAI CHING	2B 陳滄芯 CHAN YAU SUM HAYLEY
2C 何卓霖 HO CHEUK LAM	2C 冼希敏 SIN HEI MAN	2C 楊凱喬 YEUNG HOI KIU
2D 黃嘉怡 HUANG KA YI	3A 陳芷晴 CHAN TSZ CHING	3C 黃稚桐 WONG CHI TUNG
3C 王諾怡 WONG NOK YI	3D 黃莉殷 WONG LEE YAN	

康樂及文化事務署 及 中國香港欖球總會 主辦 中學校際非撞式欖球錦標賽

Inter-Secondary School Touch Championship by Leisure and Cultural Services Department and Hong Kong China Rugby Union

女子U15組亞軍 Girls U15 1st Runner-up

1A 許依琳 HUI YEE LAM	1C 鄭紫彤 ZHENG CHI TUNG	1C 鄭鈺伊 CHENG YOK YEE
2B 陳滄芯 CHAN YAU SUM HAYLEY	2C 何卓霖 HO CHEUK LAM	2C 冼希敏 SIN HEI MAN
2C 楊凱喬 YEUNG HOI KIU	2D 黃嘉怡 HUANG KA YI	3A 陳芷晴 CHAN TSZ CHING
3C 黃稚桐 WONG CHI TUNG	3C 王諾怡 WONG NOK YI	3D 黃莉殷 WONG LEE YAN

男子U15組冠軍 Boys U15 Champion

1C 黃梓軒 WONG TSZ HIN	2A 楊智謙 YEUNG CHI HIM	2B 繆伯承 MIU PAK SHING
2B 黃治行 WONG CHI HANG	2D 周立源 CHOW LAP YUEN	3B 鍾誠晞 CHUNG SHING HEI
3B 吳浹陽 NG HEI YEUNG	3B 吳國正 NG KWOK CHING	3D 陳浩泓 CHAN HO WANG
3D 許智樂 HUI CHI LOK		

男子U19組亞軍 Boys U15 1st Runner-up

2B 何上言 HO SHEUNG YIN	4C 王泓竣 WONG WANG CHUN	4D 葉君堯 IP KWAN YIU IVAN
5C 溫浚豪 WEN TSUN HO	5D 陳家諾 CHEN KA NOK ANDREW	5D 洪嘉軒 HUNG KA HIN
5D 梁皓霖 LEUNG HO LAM	5D 黃鑄寬 WONG KAN FUN	5D 趙一夫 CHIU YAT FU DAVY
6A 梁文杰 LEUNG MAN KIT	6A 鄧寶淇 TANG PO KEI	6C 陳鎮輝 CHAN CHUN FAI
6D 周毅朗 CHAU NGAI LONG	6D 黃梓朗 WONG TSZ LONG	

舞蹈 Dance

香港學界舞蹈協會有限公司 主辦 第61屆學校舞蹈節

61st Schools Dance Festival by Hong Kong Schools Dance Association Limited

中學組街舞（群舞）甲級獎 Street Dance (Secondary Section) Highly Commended Award

1A 許依琳 HUI YEE LAM	1D 鄧鋸慧 TANG SI WAI	2A 陳心悅 CHAN SUM YUET
2A 李晞晴 LEE HEI CHING	2A 何嘉琳 HO KA LAM JACINTA	2B 陳滄芯 CHAN YAU SUM HAYLEY
2B 譚康宇 TAM HONG YU VENUS	2C 何卓霖 HO CHEUK LAM	2C 鄧曉晴 TANG HIU CHING ANNABELLA
2C 楊凱喬 YEUNG HOI KIU	2D 陳幸茹 CHAN HANG YU	2D 羅澄 LO CHING
4A 郭桐兒 KWOK TUNG YI		

戲劇 Drama

百樂施教育基金會有限公司 主辦「第十一屆阿爸、阿媽，食飯喇！」

The 11th "Dad, Mom, Dinner is Ready!" Organized by PAVAS Education Foundation Limited

校際戲劇比賽 嘉許獎 Inter-School Drama Competition Merit Award

2A 周鳴華	CHOW MING WA	2A 嚴覓	YIM MIK	2A 庄雅琪	ZHUANG YAQI
2A 楊童加甫	YANG ANDY	2A 曾恩軒	TSANG YAN HIN	2A 黃葆欣	WONG PO YAN
4A 麥詩渝	MAK SZE YU	4C 蘇雅萱	SU NGA HUEN SHANTON		

教育局主辦 香港學校戲劇節2024-2025

Hong Kong School Drama Festival 2024-25 by Education Bureau

傑出演員獎 Award for Outstanding Performer

2A 黃葆欣	WONG PO YAN	2A 嚴覓	YIM MIK	2C 李瑋峻	LEE WAI CHUN
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傑出合作獎 Award for Outstanding Cooperation

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

書法及雕刻 Penmanship & Carving

魯迅青少年文學獎香港組委會 主辦 第十五屆魯迅青少年文學獎（香港賽區）

The 15th Luxun Teenagers Literature Competition Award (Hong Kong) organized by Luxun Youth Literature Award Hong Kong Organizing Committee

最積極參與學校 Most Active Participating School Award

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School

Pegasus Cup 2024 -2025 Penmanship Competition organized by Hong Kong Art Education Association

Junior secondary

Gold Award

3B 李樂臻	LI LOK CHUN
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Silver Award

1A 孫巧童	SUEN HAU TUNG DOROTHY
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Bronze Award

1B 周靖嵐	CHAU CHING LAAM
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Senior secondary

Silver Awards

4A 許斯琳童	HUI SZE LAM TUNG	6A 黃嘉怡	WONG KA YI
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Bronze Awards

4A 黃嘉意	HUANG KA YI	4A 黃坤輝	HUANG KWAN FAI	5C 周曉君	ZHOU HIU KWAN
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Outstanding Art Education Award(Silver)

伊利沙伯中學舊生會湯國華中學 Queen Elizabeth School Old Students' Association Tong Kwok Wah Secondary School



中國文學藝術界聯合會、公文匯傳媒集團、香港文聯及中國書法家協會 主辦 第八屆香港青少年書法大獎賽中學組硬筆書法

The 8th Hong Kong Youth Penmanship Competition Secondary School Division organized by China Federation of Literary and Art Circles, Wenhui Media Group, Hong Kong Federation of Literary and Art Circles, and China Calligraphers Association

入選獎 Merit

2C 黃啟迎 HUANG KAI YING	3A 楊惠琳 YANG HUI LIN	3A 劉露茜 LIU LUCY
3C 黃濤 HUANG TO	4C 黃煜琳 WONG YUK LAM	

ACEA Penmanship Competition 2024 by Arts and Culture Education Association

亞軍 1st Runner-up

4A 潘志軒 POON CHI HIN

季軍 2nd Runner-Up

3B 李樂臻 LI LOK CHUN

金獎 Gold awards

1B 杜可可 DU KE KE COCO	2A 陳梓澄 CHEN TSZ YING	2A 李晞晴 LEE HEI CHING
2A 羅新越 LUO XINYUE	2C 陳伊瀚 CHEN YIHAN	3A 葉卓琳 YE CHEUK LAM
3A 張語熙 ZHANG YUXI TRACY	3B 莫雅婷 MO YATING	3C 區博文 AU POK MAN
4A 梁芷洙 LEUNG TSZ YAU	4A 鍾熙彤 CHUNG HEI TUNG	4A 黃嘉意 HUANG KA YI
4A 許斯琳童 HUI SZE LAM TUNG	4A 林紫欣 LIN ZI XIN	4A 鍾家程 CHUNG KA CHING
4A 黃坤輝 HUANG KWAN FAI	4C 李晶媛 LEE CHING WUN	4D 周禮妍 CHOW LAI YIN
5A 陳碧心 CHAN PIK SUM	5A 周樂兒 CHAU LOK YEE	5A 黃芷妮 WONG GEE NI
5A 袁杏宜 YUEN HANG YI	5A 李柏熙 LI PAK HEI	5B 卓佩盈 CHEUK PUI YING
5B 黃日翹 WONG YAT KIU	5C 周曉君 ZHOU HIU KWAN	6A 梁詠詩 LEUNG WING SZE

銀獎 Silver awards

1A 陳梓悅 CHEN TSZ YUET	1A 鍾曉桐 CHUNG HIU TUNG	1A 關雅悠 KWAN NG A YAU
1B 周靖嵐 CHAU CHING LAAM	1C 陳奕菲 CHAN YIK FEI	1D 譚沛澄 TAM PUI CHING
1D 余曼晴 YU MAN QING	1D 余浚亨 YU TSUN HANG MARSTON	2A 陳映彤 CHAN YING TUNG
2B 譚濬諺 TAM CHUN YIN	2C 方紫柔 FONG TSZ YAU	2C 黃啟迎 HUANG KAI YING
2C 林樂晴 LAM LOK CHING	2C 李瑋峻 LEE WAI CHUN	3A 金美伶 KHAN FOZEA
3A 桂明軒 GUI MICHAEL	3C 冼希晴 SIN HEI CHING	3C 黃濤 HUANG TO
4A 趙穎賢 CHIU WING YIN VALENE	4A 黃厚耀 WONG HAU YIU	4C 蘇雅萱 SU NG A HUEN SHANTON
5A 陳康盈 CHAN HONG YING	5A 黃蔚宜 WONG WAI YI	5B 鄧嘉瑜 DENG KA YU
5D 鍾栢軒 CHUNG PAK HIN	6A 鄒鎧澄 CHOW HOI CHING	6A 郭汶琦 KWOK MAN KEI
6A 戴芷柔 TAI TSZ YAU	6A 黃嘉怡 WONG KA YI	6A 鍾淑琦 CHUNG SHUK KEI
6B 李梓櫻 LI TSZ YING		

銅獎 Bronze awards

1A 許依琳 HUI YEE LAM	1A 蔡嘉謙 CHOI KA HIM	1C 蘇文熙 SU MAN HEI
1C 黃梓軒 WONG TSZ HIN	1D 蔡衎婷 CHOI YUI TING	1D 朱映霖 CHU ANNABEL
1D 郭子嫻 GUO TSZ SIM	1D 麥珮妍 MAK PUI YAN	1D 余曼靜 YU MAN JING
1D 周逸軒 CHAU YAT HIN	1D 黃穎熙 WONG WING HEI	2A 陳心悅 CHAN SUM YUET
2A 張穎婷 CHEUNG WING TING	2A 鄧可琳 DENG HO LAM CINDY	2A 駱琛妍 LOK SUM YIN

2A	顏尉晴	NGAN WAI CHING	2A	邱俊晞	YAU CHUN HEI JOSH	2A	楊恩熙	YANG YAN HEI
2C	何卓霖	HO CHEUK LAM	2C	戴詠琪	TAI WING KI	2C	周樂言	CHAU LOK YIN
3A	陳芷晴	CHAN TSZ CHING	3A	張樂瑤	CHEUNG LOK YIU	3A	周筠宜	CHOW KWAN YI
3A	黃櫟桐	WONG LOK TUNG	3A	邱詩韻	YAU SZE WAN	3A	林曦	LAM HEI HANSON
3A	胡嘉豪	WU KA HO	3B	冼潼珍	SIN TUNG CHUN	3B	羅禮賢	LAW LAI YIN
3C	張懿銘	CHEUNG YI MING	3D	羅翠萍	LAW CHUI PING	4A	劉美嘉	LIU MEIJIA
4A	麥詩渝	MAK SZE YU	4A	黃熙怡	WONG HEI YI	4A	謝雅涵	XIE YA HAN
4A	陳建深	CHEN JIANSHEEN	4A	張愷憧	CHEUNG HOI TUNG	4A	鍾仲賢	CHUNG CHUNG YIN
4A	鄧楚毅	TANG CHO NGAI	4A	許宸語	XU CHENYU	4A	張加茂	ZHANG KA MAU
4B	陳智敏	CHAN CHI MAN	4B	吳美瑩	NG MEI YING	4B	張炳華	CHEUNG PING WAH
4B	何本彥	HO PUN YIN	4B	利逸希	LI YAT HEI	4B	羅梓蕊	LUO TSZ CHUNG
4C	廖焯瑤	LIU CHEUK YIU	4C	羅億霖	LUO YIK LAM	4D	冼佩詩	CHINSOM PUI SZE
4D	麥嘉晴	MAK KA CHING	5A	馬智晴	MA CHI CHING	5A	徐靖決	TSUI CHING YEUNG
5B	陳安祺	CHAN ON KI	5B	何思琪	HO SZE KI	5B	黎巧綾	LAI HAU LING
5B	吳雪琳	NG SUET LAM	5B	黃梓琳	WONG TSZ LAM JADE	5B	李智峰	LEE CHI FUNG
5D	黎穎彤	LAI WING TUNG	5D	洪嘉軒	HUNG KA HIN	5D	吳景陽	NG KING YEUNG
5D	黃鐫寬	WONG KAN FUN	6B	邱美瑜	YAU MEI YU			

優秀獎 Outstanding awards

1A	蔡鎧恩	CHOI HOI YAN	1A	黃詩晴	WONG SZE CHING	1A	譚禮琛	TAM LAI SUM
1C	黃梓維	WONG JERRY TSZ WAI	1D	陳沛霖	CHEN PUI LAM	1D	鄧鋆慧	TANG SI WAI
1D	陳國誠	CHAN KWOK SHING	1D	蕭梓軒	SIU TSZ HIN ISSAC	1D	黃天浩	WONG TIN HO ANDREW
2A	何嘉琳	HO KA LAM JACINTA	2A	曾子淳	TSANG TSZ SHUN	2A	何梓濤	HO TSZ HO
2A	曾恩軒	TSANG YAN HIN	2A	楊智謙	YEUNG CHI HIM	3A	胡景奐	HU JINGHUA
3A		THAPA HISTRY	3B	張希琳	CHEUNG HEI LAM	3B	黃均柔	HUANG KWAN YAU
3B	張海彬	ZHANG HAIBIN	3C	陳思瑜	CHAN SZE YU	4A	潘芷喬	POON TSZ KIU
4A	梁盛鈞	LIANG SHENG JUN	4A	吳彥均	NG YIN KWAN	4A	韋宜臻	WAI YI CHUN
4B	李嘉彥	LI JIA YAN	4B	黎卓熹	LAI CHEUK HEY	4B	林智恒	LAM CHI HANG
4B	劉家樂	LIU KA LOK LOSON	4B	謝秉均	TSE PING KWAN	4B	黃嘉星	WONG KA SING
4B	吳金豪	WU TOMMY	5A	吳穎心	NG WING SUM	5A	陳振亮	CHAN CHUN LEONG
5A	吳永康	NG WING HONG	5A	黃卓軒	WONG CHEUK HIN	5B	李苡靜	LEE I CHING VIRGINIA
5B	嚴曉珊	YIM HIU SHAN	5B	陳皓泓	CHAN HO WANG	5B	陳麒亦	CHEN QI YI
5B	李卓殷	LEE CHEUK YAN	5B	李偉賢	LI WAI YIN	5C	陳嘉豪	CHAN KA HO
5C	陳冠錡	CHAN KWUN KEI	5D	黃雪桐	WONG SUET TUNG	5D	譚坤明	TAM KWAN MING
5D	翁銘灝	YUNG MING HO	6B	郭瑜	KWOK YU	6B	林浩軒	LAM HO HIN
6B	王晴朗	WONG CHING LONG						

優異獎 Merits

1C	吳珈瑜	NG KA YUE KOEY	2A	蘇旻旭	SO MAN YUK	2A	譚健朗	TAM KIN LONG ADAMS
4A	梁永樂	LEUNG WING LOK	4A	姚子龍	YIU TSZ LUNG	4B	馬智盈	MA CHI YING
4B	陳樂謙	CHAN LOK HIM	4B	林俊灝	LAM RAPHAEL	5A	陳梓熙	CHAN TSZ HEI
5A	葉柔纓	YE ROUYING	5A	李冠鋒	LI KWUN FUNG			



2024 Guangdong-Hong Kong-Macao Inter-school Penmanship Competition (English Group) by International Life Creative Culture

1st Runner-up

4B 陳智敏 CHAN CHI MAN

Silver Award

5A 司徒稀雪 SZETO HEI SUET 5B 黎巧綾 LAI HAU LING

嶺南大學及香港藝術學院主辦「賽馬會『傳·創』非遺教育計劃」印章雕刻技藝工作坊

Jockey Club ICH+ Innovative Heritage Education Programme by Lingnan University and Hong Kong Art School

「表現優異」證書 Certificate of Excellent Performance

3A 楊惠琳 YANG HUILIN	3A 吳艾達 WU ADA	3A 何雨晨 HE YU CHEN
3A 林曦 LAM HEI HANSON	3A 謝勵奇 XIE RICKY	3A 胡卓誠 WU CHEUK SHING
3A 胡嘉豪 WU KA HO	3A THAPA HISTRY	3A 桂明軒 GUI MICHAEL
3A 吳愷淇 NG HOI KI	3A 張語熙 ZHANG YUXI TRACY	3A 陳紫欣 CHAN TSZ YAN
3C 郭美鳳 GUO MEIFENG	3C 勞奕美 LAO YIK MEI MEIBO	3D 陳文麗 CHEN WENLI
3D 黃敏柔 HUANG MAN YAU		

「表現上佳」證書 Certificate of Outstanding Performance

3A 曹浩瑋 CAO HO WAI 3C 區博文 AU POK MAN 3D 丁梓晴 DING ZI QING KATHY

繪畫 Drawing

香港教育工作者聯會及川港基礎教育聯盟主辦「童眼看川港」第三屆文化藝術交流活動 “Children's Eyes on Sichuan-Hong Kong”3rd Cultural and Artistic Exchange Award

高中繪畫一等獎 First Prize in Senior Secondary Painting Competition

4A 許斯琳童 HUI SZE LAM TUNG

高中繪畫二等獎 Second Prize in Senior Secondary Painting Competition

4B 馬智盈 MA CHI YING

香港心臟專科學院主辦「世界心臟日」香港心臟基金會繪畫比賽2024

“World Heart Day”Hong Kong Heart Foundation Drawing Competition 2024 by the Hong Kong College of Cardiology

優異獎 Excellence Award

4A 劉美嘉 LIU MEIJIA 4B 陳樂謙 CHAN LOK HIM 4D 林景濤 LAM KING TO

社會福利署主辦「沿途有愛」四格漫畫設計比賽

“Love Along the Way”Four-frame Comic Competition by the Social Welfare Department

優異獎 Merits

4B 吳美瑩 NG MEI YING

元朗區文藝協進會主辦「元朗區文藝之星」嘉許計劃2024/25

“Yuen Long District Arts Star” Recognition Scheme 2024/25 by the Yuen Long District Arts Committee

4A 許斯琳童 HUI SZE LAM TUNG

音樂 Music

香港多元智能教育協會主辦 第13屆國際青少年盃音樂比賽

The 13th International Youth Cup Music Contest by Hong Kong Multiple Intelligences Education Association

合奏中學組第二名 1st Runner-up in Chinese Instrumental Ensemble - Secondary School

1B 杜可可 DU KE KE COCO 1B 冼希盈 SIN HEI YING 2A 黃葆欣 WONG PO YAN
2A 孔思翹 HUNG SZE KIU

夢

通向無限可能

陳健林老師
舊生會顧問老師

蔡子澄女士
2024年畢業生、
舊生會康樂幹事

麥仲勤先生
2015年畢業生、
舊生會副會長

黃國熙先生
2012年畢業生、
舊生會司庫

余麗瑩女士
2015年畢業生、
舊生會秘書

徐日昇先生
2009年畢業生、
舊生會會長



生涯規劃教育組 Life Planning Education

學校推行多元化的教育活動，包括個人輔導、院校及職場參觀、工作實習等。我們參考《賽馬會鼓掌·創你程計劃》的職業及人生發展基準，為各持分者提供全面的服務，以提升學生的共通能力，幫助他們在人工智能時代追逐夢想。

Our school promotes a variety of educational activities, including individual counselling, visits to institutes and workplaces, and internships. Aiming to enhance students' generic skills and help them pursue their dreams in the era of artificial intelligence, the Life Planning Education Team provides comprehensive services to all stakeholders with reference to the career and personal development standards of the "CLAP@JC" programme.



高中生涯規劃教育營
Life Planning Education Camp for senior form students



零售業工作實習
Retail industry internship



廣州生涯規劃考察團期間，
本校學生參觀香港駐粵經濟貿易辦事處
Guangzhou Life Planning Tour visiting the Hong Kong
Economic and Trade Office in Guangdong



與「賽馬會鼓掌·創你程計劃」計劃總監（學校）
葉蔭榮博士合照
Photo with Dr. Stephen Yip Yam-wing, Director (Schools)
of the "CLAP@JC"



參與金齡圖書館
Golden Library



參觀入境事務學院
Visit to the Immigration Service Institute of
Training and Development

徐日昇 Cassy Chui

2009年畢業，之後遠赴武漢深造中醫，並於香港浸會大學獲得碩士資格。現時經商及任職健康顧問，更回饋母校，出任首屆舊生會會長。

After graduating from school in 2009, Cassy went to Wuhan to further his studies in Chinese medicine, and later obtained a master's degree from Hong Kong Baptist University. Currently, he is engaged in business and works as a health consultant. He also gives back to our school by serving as the President of the Old Students' Association.

感恩母校春風甘載，培育一代又一代的莘莘學子。身為「第一屆畢業生」，在此誠願各位學弟學妹在課堂、在社會鍛煉出不畏挫敗的韌性，大膽創新，大膽嘗試，深耕學海，擁抱探索，不負青春。有幸擔任舊生會會長，令我更明白舊生會承載無數校友情誼，透過不同活動，串連歲月與薪火。誠邀各位參與舊生會活動，加入傳承行列——讓我們以校友之名，共築母校榮耀長階！

I am deeply grateful to our alma mater for nurturing generations of talented students over the past twenty years. As one of the first batch of graduates, I sincerely wish all my fellow schoolmates to cultivate resilience in the classroom and in society, to be willing to challenge themselves, to be dedicated to learning, to explore the world of knowledge, and to make the most of their youth.

I am honored to serve as the president of the Old Students' Association, which has deepened my understanding of the profound bonds it carries among countless alumni. Through various events, we connect the years and pass on the torch. I sincerely invite everyone to participate in Old Students' Association activities and join the ranks of this legacy—let us, as old students, build a lasting legacy of glory for our alma mater together!



馬學駿 John Ma

2010年畢業，之後遠赴澳洲南澳大學及阿德萊德大學升學，更在香港城市大學完成法律博士課程，現時任職教育界。

John graduated in 2010. He travelled to Australia to study at the University of South Australia and the University of Adelaide, and further completed a Juris Doctor programme at City University of Hong Kong. He is currently working in the education sector.

在母校20周年之際，回首中學時期，感恩老師不辭勞苦的教導，深深影響了我的人生。如今我也在教育界工作，希望能繼承這份使命，培育更多優秀的學子，祝福師弟師妹們前途似錦！

Looking back on my secondary school years, I am truly grateful for the teachers' tireless dedication to teaching, which has deeply influenced my life. Now I am also working in the education sector to carry on this mission to nurture more outstanding students. I wish my fellow schoolmates a bright and promising future!

葉皓昕 Ian Ip

2014年畢業，升讀香港中文大學物理系學士及碩士。現時更在新加坡南洋理工大學攻讀物理學博士。

Ian graduated in 2014, and pursued a Bachelor's and Master's degree in Physics at The Chinese University of Hong Kong. He is currently studying for a PhD in Physics at Nanyang Technological University in Singapore.

我在中學是一個「非典型」的學生，感謝學校多年培育，如今我在新加坡攻讀物理博士，研究社會物理學——以物理方法處理社會科學問題。

世界之大，總能容納每個人的獨特選擇，也鼓勵師弟師妹勇敢走出自己的路，think outside the box。

I was a "non-typical" student in secondary school. I am grateful to my school for nurturing me over the years. Now, I am pursuing a doctoral degree in Physics in Singapore, researching social physics—using physical methods to address social science issues.

The world is vast and always capable of accommodating everyone's unique choices. I encourage my fellow schoolmates to bravely forge their own paths and think outside the box.



余麗瑩 Sabrina Yu

2015年畢業，工作之餘，持續進修，升讀香港理工大學專業進修學院商業文學士（人力資源管理）。現任監督客戶服務質素主任，並積極參與舊生活動，現為舊生會幹事。

Sabrina graduated in 2015, continued professional development while working, and pursued a BA (Hons) in Business (Human Resource Management) at the The Hong Kong Polytechnic University (SPEED). She is currently serving as a quality assurance officer (customer service), actively participating in alumni activities, and is now serving as a committee member of the Old Students' Association.

轉眼間母校已建校二十周年。回首當年，感恩母校和老師的栽培，奠定了我人生的基石。

期許師弟妹珍惜光陰，開創屬於自己燦爛的未來，發出閃耀光芒。不要擔心黑暗，因為那時星星最為璀璨。一天，把光照亮社會，每一道微小的光看似微不足道，卻都有其力量。亦正是我們湯中校訓「修己善群」：成就自我，回饋社會。

期待日後在舊生會的活動中，與各位相聚。

In the blink of an eye, our alma mater has celebrated its 20th anniversary. Looking back, I am grateful for the nurturing from my school and teachers, which laid the foundation of my life.

I hope my fellow schoolmates can cherish their time, create their own bright future, and shine brightly. Do not worry about the darkness as stars shine most brightly during these moments. Even though every small spark may seem insignificant, each has its power and we may illuminate our society one day. This aligns with our school motto, "Vos Parate Ut Serviatis": achieving personal growth and giving back to society.

I look forward to meeting everyone again in the coming alumni activities.



夢

麥仲勤 John Mak

2015年畢業生，畢業後升讀香港教育大學運動科學學系，曾任中學教師，現時為全國運動會統籌辦公室副項目主任。

After graduating from school in 2015, John pursued a degree in Sports Science at The Education University of Hong Kong, and he previously worked as a secondary school teacher. He is currently the Deputy Project Officer of the National Games Coordination Office.

在母校20周年之際，回首往昔，心中充滿感激。那些年在校園裡的點點滴滴，讓我結識了許多摯友，也培養了我對知識的熱愛。如今，母校在不斷發展中，依然堅持著優良的教學傳統。希望各位師弟師妹珍惜在校的時光，努力學習，在未來的路上勇敢追夢。對了，容許我在此提及一下初成立的舊生會。我們希望能夠搭建一個平台，讓校友們保持聯繫，共同回憶美好時光。隨著活動的推展，希望師弟師妹們能積極參與，讓這個大家庭更加溫暖。

On the occasion of our alma mater's 20th anniversary, I reminisce about my school life with gratitude. The moments spent on campus over the years have allowed me to make many close friends and cultivate my love for knowledge. Today, our alma mater continues to develop and upholds its excellent teaching traditions. I hope that all my fellow schoolmates can cherish their time at school, spare no pains to learn, and bravely pursue their dreams in the future. By the way, I would like to mention the recently established Old Students' Association which aims to create a platform for alumni to stay connected and reminisce about the good times. I hope that my fellow schoolmates will actively participate in our activities, making this big family even warmer.



徐鎬澄 Steven Chui

在本校修讀中一至中四課程，成績彪炳，屢獲殊榮。中四之後遠赴加拿大麥克馬斯特大學升學，修讀化工學位課程。現時獲獎學金資助進修博士課程。

Steven studied at our school from Form 1 to Form 4, achieving outstanding results and receiving numerous awards. After Form 4, he went to Canada to attend McMaster University to pursue a degree in Chemical Engineering. He is currently funded by a scholarship to continue his doctoral studies.

伊湯中20周年快樂！感恩湯中師長培養了我一顆求知的心，讓我學會敢於面對挑戰。在湯中有幸獲得的每個機會，所學的每個技能，都是我今天的基石。感激在湯中認識到的朋友和老師們多年來的支持鼓勵。希望各位師弟妹能享受求知的樂趣，把握每個機會，珍惜每段友誼。

Happy 20th Anniversary! I am grateful to the teachers and staff for nurturing my curiosity and teaching me to face challenges bravely. Every opportunity I had at Tong Kwok Wah Secondary School, and every skill I learned, are the foundation of who I am today. I appreciate the friends and teachers I met at QTS for their support and encouragement over the years. I hope my fellow schoolmates can enjoy the joy of learning, seize every opportunity, and cherish every friendship.



鍾廣欣 Ella Chung

2019年畢業，升讀香港城市大學中文及歷史學系。大學畢業後任職教育界，本年更於母校執教，延續「伊家人」精神。

Ella, a 2019 graduate, pursued a Bachelor of Arts in Chinese and History at City University of Hong Kong. She has been working in the education sector since graduating from university. This year, she returned to our school as a teacher, passing the spirit of "QTS Family".

重回母校，往日求知、玩樂的片段仍歷歷在目。感恩母校的栽培、恩師的引航，亦很高興能於母校執教，以另一種身份成為伊家人。願學弟妹能奮力拼搏，綻放光芒！

Ella, a 2019 graduate, pursued a Bachelor of Arts in Chinese and History at City University of Hong Kong. She has been working in the education sector since graduating from university. This year, she has returned to our school as a teacher, passing the spirit of "QTS Family".



陳祉霖 Jasmine Chan

2022年畢業，現時修讀運動治療課程，曾代表香港出戰2022世界女子青年沙灘手球錦標賽。

Jasmine, a 2022 graduate, is currently studying a course in sports therapy. She previously represented Hong Kong at the 2022 IHF Women's Youth Beach Handball World Championship.

感謝母校多年的栽培，使我有各方面的發展。祝願各位學弟學妹在未來的日子隨心而行，探索這個世界的每分每寸，祝願大家順遂。

I am grateful to our alma mater for nurturing me over the years, which has allowed me to develop in many ways. I hope that all my fellow schoolmates can follow their hearts in the days ahead and explore more new things in the world. May everyone have a smooth and successful journey.





蔡子澄 Sami Tsai

2024年畢業，畢業後升讀香港樹仁大學社會工作學系。積極參與舊生活動，現為舊生會幹事。

Sami, a 2024 graduate, has enrolled in the Bachelor of Social Work (Honours) Programme at Shue Yan University. She actively participates in alumni activities and is currently serving as a committee member of the Old Students' Association.

感激學校一直給予很多機會，讓我去嘗試，去學習。例如成為仁愛社長、出席義工活動、參加獎學金計劃等等，過程中獲益良多，至今銘記於心。祝願師弟妹可以把握機會，乘風破浪，找尋自己的夢想。

I am grateful to the school for constantly providing me with numerous opportunities to challenge myself like being the House Captain of the South House, participating in volunteer activities, and taking part in scholarship programmes. I have gained a lot from these experiences, which I cherish to this day. I hope my fellow schoolmates can seize every opportunity, brave the winds and waves, and pursue their dreams.

郭汶琦 Kiki Kwok

本校二十周年畢業生，為2025年度畢業生級聯主席。

Kiki, a 2025 graduate, is the coordinator of Form Association(25FA).

時光荏苒如白駒過隙，轉眼我們告別熟悉的校園。回首往昔，心中充滿感激與不捨。過去，校園的時光如詩如畫，願我們帶着過去滿滿的回憶和憧憬，邁入人生新旅程，不忘初心砥礪前行。在此亦都衷心感謝母校多年來的悉心栽培以及各位老師、同學的陪伴，祝願母校未來繼續築橋通夢，成就更多年輕人的夢想。二十不易拾，但離別是為了更好的再見，約定大家30週年共聚一堂。

Time flies like an arrow. We are bidding farewell to our beloved school. Looking back on my splendid school life, I feel a heart full of gratitude and reluctance to part. I hope that we can carry our fond memories and aspirations into a new chapter of life, keeping our faith and forging ahead. Here, I also sincerely thank our alma mater for their painstaking nurturing over the years, as well as all the teachers and classmates for their companionship. May our alma mater continue to build bridges where dreams start and help more young people realize their aspirations. It is difficult to say goodbye, but parting is for a better reunion. Let us look forward to gathering together again at our 30th anniversary celebration.



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