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Hong Kong students celebrate 2025 National Games and send messages of encouragement

As the city steps up as co-host of the 15th National Games, QESOSA Tong Kwok Wah Secondary School gets in on the action

byYoung Post

Published: 2:00pm, 14 Nov 2025

Length: 481 words



Students at QESOSA Tong Kwok Wah Secondary School show their support and offer encouragement to all athletes taking part in the National Games.

Hong Kong has embraced its role as co-organiser of China's 2025 National Games, inspiring one school to channel the city's excitement into its own celebrations.

Students at QESOSA Tong Kwok Wah Secondary School in Yuen Long have launched a series of activities to celebrate the nation's highest-level multi-sport event and show their support for the home team.

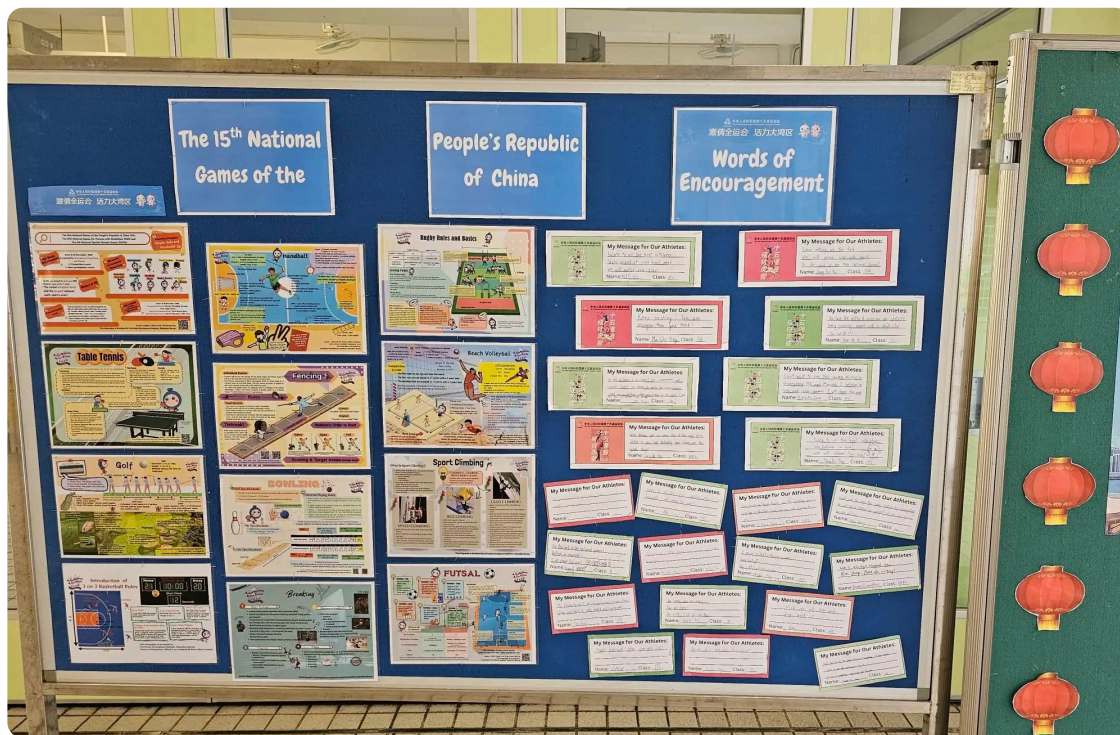
With major competitions such as track cycling, fencing and rugby sevens taking place in the city, the school's English Ambassadors have been leading the charge. They are running a range of activities designed to connect students with the Games, including the 12th National Games for Persons with Disabilities and the 9th National Special Olympic Games. Initiatives include sports-themed reading and writing workshops and interactive presentations.

"This has been an incredible opportunity to promote fitness and active lifestyles [while] deepening awareness and appreciation of the Games," one teacher shared, adding that it helped create a strong sense of unity and pride.

A focal point is a prominent display board on campus, made with materials provided by the Education Bureau. It teaches students the rules of the sports featured in the Games, from popular events like rugby to newer entries like sport climbing. The board is also a "wall of encouragement" for students to post uplifting messages.

"As these messages of support from students reach our athletes, we hope they provide that extra burst of energy to cross the finish line. We also encourage everyone to engage with the National Games. Who knows? The athletes of the future may well be among those cheering today," said James Booth, an English teacher at the school.

Booth added that students had expressed a strong desire to see the competitions at Hong Kong's venues, including the new Kai Tak Sports Park. They were particularly drawn to events like bowling and para dance, he said.



A board at QESOSA Tong Kwok Wah Secondary School displaying information about their favourite sports like rugby and fencing, and lesser-known disciplines such as golf and sport climbing. They also used the board to share uplifting messages and words of encouragement to all the athletes competing in the National Games.

Messages from students:

“You have the ability to overcome any obstacle. Believe in yourself because you can do it! We are immensely proud of you ... We’re excited to see you on the playing field, go big and do us proud!” –

Athletic Admirers (Ian, Edwin, Elvis, Mark, Moses and Yannic)

“You are all heroes in my heart. Your perseverance and courage inspire us deeply. Leave nothing on the field, go for gold ... remember to keep pushing; you’ve already overcome so much!” –

Spirited Supporters (Carina, Chioma and Healey)

“I’m most excited to watch the table tennis players. They’re really hardworking, and I greatly appreciate them. I hope that they can do well in the future.” – **Table Tennis Superfan (Nicolas)**

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